The Aging Face Analysis Checklist

In the frontal view, the facial shape is:  □ Triangular  □ Rectangular  □ Wide
□ Narrow  □ Long  □ Short
Does the face look old?  □ No  □ Yes, because …
Does the face look skeletonized?  □ No  □ Yes, because …
Define the facial supporting skeletal framework:  □ Ideal for sex and age
□ Altered, because …
Define the facial fat distribution:  □ Ideal for sex and age □ Altered, because …
Define the facial skin redundancy:  □ Absent □ Moderate □ Marked
The hairline is:  □ Normally positioned □ Too high □ Too low
The forehead profile is:  □ Flat □ Round □ Presence of inferior concavity
(clear definite orbital bar)
The supraorbital bar is:  □ Normally shaped □ Protruding □ Recessive
Forehead transverse lines:  □ Just visible □ Moderate □ Marked
Vertical Frown Lines (Glabellar Lines): □ Absent □ Moderate □ Marked
Horizontal Frown Line (Nasal Radix Line): □ Absent □ Moderate
□ Marked
Temporal Depression: □ Absent □ Moderate □ Marked
Does the orbital region look aged?  □ No □ Yes, because …
Define the eyebrow vertical position (Eyebrow Ptosis?): □ Ideal for sex and age
□ Altered, because …
Define the symmetry of the eyebrows: □ Present □ Absent due to …
Define the symmetry of the eye globes: □ Present □ Absent due to …
Define the symmetry of the eyelids: □ Present □ Absent due to …
Define the upper lid crease position: □ Ideal □ Too high □ Too low
Define the upper lid margin position: □ Ideal □ Too high □ Too low
Define the lower lid margin position: □ Ideal □ Too high □ Too low
Define the lateral canthus position: □ Ideal □ Altered, because …
Upper Eyelid Dermatochalasis (Upper Eyelid Hooding): □ Absent □ Moderate
□ Marked □ Limiting the supero-temporal visual field (pathological)
Upper eyelid ptosis: □ Right, … □ Left, …
Upper lid herniated orbital fat: □ No □ Right □ Left
Prolapsed lacrimal gland: □ No □ Right □ Left
Skeletal lower lid support: □ Poor □ Acceptable □ Ideal
Define the malar eminence: □ Hypoplastic □ Balanced □ Pronounced
Lower eyelid laxity: □ No □ Right □ Left
Baggy Lower Eyelid: □ Absent □ Moderate □ Marked
Lower lid herniated orbital fat: □ No □ Right □ Left
Lateral Canthal Bowing: □ Absent □ Moderate □ Marked
Scleral show: □ No □ Yes, Right … mm. Left … mm.
Hypertrophic Orbicularis Oculi Muscle (tarsal portion):  □ Right, … □ Left, …

Crows’ feet and Eyelid Wrinkles:  □ Absent □ Moderate □ Marked

Tear Trough Deformity (Palpebrojugal Fold):  □ Absent □ Moderate □ Marked

□ Marked

Palpebral Malar Fold:  □ Absent □ Moderate □ Marked

Malar Bags (Festoons, Cheek Bags):  □ No □ Right □ Left

Eyeglobe proptosis (exophtalmos):  □ Right, … □ Left, …

Eyeglobe enophtalmos: □ Right, … □ Left, …

Does the nose look aged?  □ No □ Yes, because …

Does the nose look skeletonized? □ No □ Yes

Is there loss of tip projection? □ No □ Yes

Is there Columellar Ptosis? □ No □ Yes

Preauricular Lines: □ Absent □ Moderate □ Marked

Nasolabial Fold: □ Ideal for sex and age □ Increased □ Heavy

Does the mouth look aged? □ No □ Yes, because …

Vertical length of the upper lip: □ Short □ Ideal for sex and age □ Slightly Augmented □ Augmented

Upper Lip Skin/vermillion ratio: □ Ideal for sex and age □ Increased

The upper lip profile is: □ Normally projected □ Too anterior □ Too posterior

The lower lip profile is: □ Normally projected □ Too anterior □ Too posterior

Upper Lips Lines: □ Absent □ Moderate □ Marked

Horizontal Upper Lips Line: □ Absent □ Moderate □ Marked □ Marked

Lower Lips Lines: □ Absent □ Moderate □ Marked

Ptosis of the lips commissures: □ Absent □ Moderate □ Marked

Corner of the Mouth Lines: □ Absent □ Moderate □ Marked

Marionette Lines: □ Absent □ Moderate □ Marked

“Jowls”: □ Absent □ Moderate □ Marked

Witch’s Chin Deformity (Ptotic Chin): □ Absent □ Moderate □ Marked

Does the neck look aged? □ No □ Yes, because …

Horizontal Neck Lines: □ Minimal □ Moderate □ Marked

Platysma Bands: □ Absent □ Moderate □ Marked

Ptotic Submandibular Gland: □ Absent □ Moderate □ Marked □ Marked □ R L

Define the mandibular border definition from angle to chin: □ Ideal □ Poor

Define the throat length: □ Ideal □ Too short □ Too long

Define the throat incline: □ Ideal □ Excessively down oriented

Define the cervicomental angle: □ Ideal □ Too acute □ Too obtuse