
Contents

| | | |
|----------|--|-----------|
| 1 | Introduction | 1 |
| 2 | Properties of Cryoliquids | 7 |
| 2.1 | Liquid Air, Liquid Oxygen, Liquid Nitrogen | 7 |
| 2.2 | Liquid Hydrogen | 8 |
| 2.3 | Liquid Helium | 13 |
| 2.3.1 | Some Properties of the Helium Isotopes | 13 |
| 2.3.2 | Latent Heat of Evaporation and Vapour Pressure | 17 |
| 2.3.3 | Specific Heat | 20 |
| 2.3.4 | Transport Properties of Liquid ^4He : Thermal Conductivity and Viscosity | 23 |
| 2.3.5 | Superfluid Film Flow | 25 |
| 2.3.6 | Liquid ^3He and ^3He – ^4He Mixtures at Millikelvin Temperatures | 27 |
| | Problems | 32 |
| 3 | Solid Matter at Low Temperatures | 33 |
| 3.1 | Specific Heat | 34 |
| 3.1.1 | Insulators | 34 |
| 3.1.2 | Metals | 38 |
| 3.1.3 | Superconducting Metals | 40 |
| 3.1.4 | Non-Crystalline Solids | 42 |
| 3.1.5 | Magnetic Specific Heat | 44 |
| 3.1.6 | The Low-Temperature Specific Heat of Copper and Platinum | 47 |
| 3.1.7 | Specific Heat of Some Selected Materials | 47 |
| 3.1.8 | Calorimetry or How to Measure Heat Capacities | 50 |
| 3.2 | Thermal Expansion | 58 |
| 3.2.1 | Thermal Expansion of Solids | 58 |
| 3.2.2 | Dilatometers or How to Measure Thermal Expansions | 61 |

XII Contents

| | | |
|----------|--|------------|
| 3.3 | Thermal Conductivity | 62 |
| 3.3.1 | Lattice Conductivity: Phonons | 63 |
| 3.3.2 | Electronic Thermal Conductivity | 67 |
| 3.3.3 | Thermal Conductivity at Low Temperatures | 70 |
| 3.3.4 | Superconducting Metals | 71 |
| 3.3.5 | Relation Between Thermal and Electrical Conductivity: The Wiedemann–Franz Law | 72 |
| 3.3.6 | Influence of Impurities on Conductivity | 74 |
| 3.3.7 | Thermal Conductivities of Copper, Silver and Aluminum at Low Temperatures | 77 |
| 3.3.8 | How to Measure Thermal Conductivities | 79 |
| 3.4 | Magnetic Susceptibilities | 81 |
| 3.4.1 | Magnetic Susceptibilities of Some Selected Materials | 81 |
| 3.4.2 | How to Measure Susceptibilities and Magnetizations | 84 |
| | Problems | 92 |
| 4 | Thermal Contact and Thermal Isolation | 95 |
| 4.1 | Selection of the Material with the Appropriate Cryogenic Thermal Conductivity | 95 |
| 4.2 | Heat Switches | 97 |
| 4.2.1 | Gaseous and Mechanical Heat Switches | 97 |
| 4.2.2 | Superconducting Heat Switches | 98 |
| 4.3 | Thermal Boundary Resistance | 102 |
| 4.3.1 | Boundary Resistance Between Metals | 102 |
| 4.3.2 | Boundary Resistance Between Liquid Helium and Solids | 105 |
| | Problems | 113 |
| 5 | Helium-4 Cryostats and Closed-Cycle Refrigerators | 115 |
| 5.1 | Use of Liquid ^4He in Low-Temperature Equipment | 116 |
| 5.1.1 | Cool-Down Period | 116 |
| 5.1.2 | Running Phase of the Experiment | 117 |
| 5.2 | Helium-4 Cryostats | 120 |
| 5.2.1 | Double-Walled Glass Dewars | 121 |
| 5.2.2 | Metal Dewars | 123 |
| 5.2.3 | Cryostats for $T > 5\text{ K}$ | 124 |
| 5.2.4 | Cryostats with Variable Temperature for $1.3\text{ K} \leq T \leq 4.2\text{ K}$ | 125 |
| 5.2.5 | Auxiliary Equipment | 130 |
| 5.3 | Closed-Cycle Refrigerators | 133 |
| 5.4 | Temperature Control | 136 |
| | Problems | 137 |

| | |
|--|-----|
| 6 Helium-3 Cryostats | 139 |
| 6.1 Helium-3 Cryostats with External Pumps | 140 |
| 6.2 Helium-3 Cryostats with Internal Adsorption Pumps | 142 |
| Problems | 147 |
| 7 The ^3He–^4He Dilution Refrigerator | 149 |
| 7.1 Properties of Liquid ^3He – ^4He Mixtures | 150 |
| 7.1.1 Phase Diagram and Solubility | 150 |
| 7.1.2 ^3He – ^4He Mixtures as Fermi Liquids | 153 |
| 7.1.3 Finite Solubility of ^3He in ^4He | 154 |
| 7.1.4 Cooling Power of the Dilution Process | 157 |
| 7.1.5 Osmotic Pressure | 160 |
| 7.2 Realization of a ^3He – ^4He Dilution Refrigerator | 163 |
| 7.3 Properties of the Main Components of a ^3He – ^4He Dilution Refrigerator | 165 |
| 7.3.1 Mixing Chamber | 165 |
| 7.3.2 Still | 167 |
| 7.3.3 Heat Exchangers | 168 |
| 7.4 Examples of ^3He – ^4He Dilution Refrigerators | 176 |
| Problems | 188 |
| 8 Refrigeration by Solidification of Liquid ^3He: Pomeranchuk Cooling | 191 |
| 8.1 Phase and Entropy Diagrams of ^3He | 192 |
| 8.2 Entropies of Liquid and Solid ^3He | 193 |
| 8.3 Pomeranchuk Cooling | 195 |
| Problems | 201 |
| 9 Refrigeration by Adiabatic Demagnetization of a Paramagnetic Salt | 203 |
| 9.1 The Principle of Magnetic Refrigeration | 204 |
| 9.2 Thermodynamics of Magnetic Refrigeration | 205 |
| 9.3 Non-Interacting Magnetic Dipoles in a Magnetic Field | 207 |
| 9.4 Paramagnetic Salts and Magnetic Refrigerators | 209 |
| Problems | 212 |
| 10 Refrigeration by Adiabatic Nuclear Demagnetization | 215 |
| 10.1 Some Equations Relevant for Nuclear Refrigeration | 219 |
| 10.2 Differences in Nuclear and Electronic Demagnetization | 221 |
| 10.3 Interaction Between Conduction Electrons and Nuclei | 223 |
| 10.3.1 Electron–Phonon Coupling | 223 |
| 10.3.2 Nucleus–Electron Coupling | 223 |
| 10.4 Influence of an External Heat Load and the Optimum Final Magnetic Field | 228 |

| | | |
|-----------|---|------------|
| 10.5 | Heat Leaks | 231 |
| 10.5.1 | External Heat Leaks | 231 |
| 10.5.2 | Eddy Current Heating | 234 |
| 10.5.3 | Internal, Time-Dependent Heat Leaks | 235 |
| 10.5.4 | Heating from Radioactivity and High-Energy Particles | 238 |
| 10.6 | Nuclear Refrigerants | 238 |
| 10.7 | Hyperfine Enhanced Nuclear Refrigeration | 241 |
| 10.8 | Nuclear Demagnetization Refrigerators | 244 |
| | Problems | 257 |
| 11 | Temperature Scales and Temperature Fixed Points | 259 |
| 11.1 | Thermodynamic Temperature | 259 |
| 11.2 | The International Temperature Scale ITS-90 | 261 |
| 11.3 | The New Provisional Low-Temperature Scale PLTS-2000 | 264 |
| 11.4 | Practical but not Officially Accepted Low-Temperature Fixed Points | 271 |
| 11.4.1 | Fixed Points of EPT-76 | 271 |
| 11.4.2 | The NBS Superconducting Fixed-Point Device | 271 |
| 11.4.3 | The SRD 1000 Superconducting Fixed-Point Device | 274 |
| 11.4.4 | The Superfluid Transition of Liquid ^4He | 275 |
| | Problems | 276 |
| 12 | Low-Temperature Thermometry | 277 |
| 12.1 | Gas Thermometry | 278 |
| 12.2 | Helium Vapour Pressure Thermometry | 279 |
| 12.3 | Helium Melting Pressure Thermometry | 282 |
| 12.4 | Thermoelectricity | 283 |
| 12.5 | Resistance Thermometry | 287 |
| 12.5.1 | Metals | 287 |
| 12.5.2 | Doped-Germanium and Carbon Resistors | 290 |
| 12.5.3 | Oxide Compounds: RuO_2 and Cernox Thermometers | 300 |
| 12.5.4 | Resistance Bridges | 305 |
| 12.6 | Coulomb Blockade Thermometry | 308 |
| 12.7 | Noise Thermometry | 312 |
| 12.8 | Capacitance Thermometry | 317 |
| 12.9 | Magnetic Thermometry with Electronic Paramagnets | 320 |
| 12.10 | Magnetic Thermometry with Nuclear Paramagnets | 328 |
| 12.10.1 | Non-Resonant, Integral Detection of Nuclear Magnetization | 329 |
| 12.10.2 | Selective Excitation but Non-Resonant Detection of Nuclear Magnetization | 331 |

| | |
|---|------------|
| 12.10.3 Resonant Excitation and Resonant Detection of Nuclear Magnetization | 333 |
| 12.11 Magnetic Thermometry via Anisotropy of Gamma Rays | 345 |
| 12.12 Summary | 350 |
| Problems | 351 |
| 13 Miscellaneous Cryogenic Devices and Design Aids..... | 353 |
| 13.1 Cryogenic Pressure Transducers for Thermometry and Manometry | 353 |
| 13.1.1 Capacitive Pressure Transducers | 353 |
| 13.1.2 Inductive Pressure Transducers | 359 |
| 13.2 Cold Valves | 359 |
| 13.3 Coaxial Cables and Feedthroughs | 361 |
| 13.4 Small Magnets and Magnet Leads..... | 363 |
| 13.4.1 Small Superconducting Magnets and Magnet Leads .. | 363 |
| 13.4.2 Small Pulsed Normal-Conducting Magnets | 366 |
| 13.5 Shielding Against Magnetic Fields and Magnetic Fields Inside of Shields..... | 366 |
| 13.5.1 Normal-Conducting Shields | 367 |
| 13.5.2 Superconducting Shields | 368 |
| 13.5.3 Magnetic Fields Inside of Shields | 369 |
| 13.6 Sintered Metal Heat Exchangers | 370 |
| 13.7 Low-Temperature Motors and Rotators | 373 |
| 13.8 Optical Experiments at Low Temperatures | 374 |
| 13.9 Electronic Tunnel-Junction Refrigerators..... | 376 |
| 13.10 Torsional and Translational Oscillators | 379 |
| 13.10.1 Vibrating Reeds | 380 |
| 13.10.2 Vibrating Wires | 382 |
| 13.10.3 Quartz Tuning Forks | 384 |
| 13.10.4 Double-Paddle Oscillators..... | 384 |
| 13.10.5 Composite Torsional Oscillators | 386 |
| 13.11 Purification of ^3He from ^4He Impurities, and Vice Versa | 389 |
| Problems | 390 |
| 14 Some Comments on Low-Temperature Electronics | 391 |
| List of Symbols | 395 |
| Conversion Factors | 397 |
| Suppliers of Cryogenic Equipment and Materials | 399 |
| References | 407 |
| Index | 447 |

<http://www.springer.com/978-3-540-46356-6>

Matter and Methods at Low Temperatures

Pobell, F.

2007, XV, 461 p. 234 illus., Softcover

ISBN: 978-3-540-46356-6