

# Contents

Foreword by <i>Emanuel Kanal</i> .....	vii
Why This Book? .....	ix
A User's Guide .....	xi
Acknowledgments .....	xv

## **Part I In the Beginning: Generating, Detecting, and Manipulating the MR (NMR) Signal**

1 Laying the Foundation: Nuclear Magnetism, Spin, and the NMR Phenomenon .....	3
<i>The Overall Aim</i> .....	3
<i>Where Does the MRI Signal Come From?</i> .....	4
<i>Interaction of Protons with a Static Magnetic Field (B)</i> .....	10
<i>The Energy Configuration Approach: A Painless (Really!)     Bit of Quantum Mechanics</i> .....	12
<i>One More Thing . . . What Exactly Is the MRI Signal     That We Measure?</i> .....	18
2 Rocking the Boat: Resonance, Excitation, and Relaxation .....	19
<i>Introduction: How Can We Find a Signal to Measure?</i> .....	19
<i>Generating Net Transverse Magnetization</i> .....	20
3 Relaxation: What Happens Next? .....	27
<i>What Happens When the Radiofrequency Is Shut Off?</i> .....	27
<i>Separate, but Equal (Sort of): Two Components     of Relaxation</i> .....	27
<i>The Spin Echo</i> .....	32
4 Image Contrast: T1, T2, T2*, and Proton Density .....	38
<i>T2/T2* Contrast</i> .....	38
<i>T1 Contrast</i> .....	40
<i>Proton Density Contrast</i> .....	44
<i>Putting Things Together to Control Image Contrast</i> .....	45

5	Hardware, Especially Gradient Magnetic Fields .....	47
	<i>Why This Chapter?</i> .....	47
	<i>The <math>B_0</math> Magnetic Field</i> .....	47
	<i>Radiofrequency Transmission</i> .....	55
	<i>The Gradient Magnetic Field</i> .....	55
	<i>The RF Coils</i> .....	60
	<i>The Receiver (A2D)</i> .....	65
	<i>The Computer</i> .....	66
	<i>Shielding</i> .....	68
	<i>The Prescan Process</i> .....	71

## **Part II   User Friendly: Localizing and Optimizing the MRI Signal for Imaging**

6	Spatial Localization: Creating an Image .....	75
	<i>What Is an Image?</i> .....	75
	<i>Understanding and Exploiting <math>B_0</math> Homogeneity</i> .....	77
	<i>Slice Selection Using the Gradient Magnetic Field</i> .....	78
	<i>Localizing Signal Within the Plane of the Slice: Background for Frequency and Phase Encoding</i> .....	82
	<i>Frequency Encoding: The Next Stage</i> .....	84
	<i>Phase Encoding and the Two-dimensional Fourier Transform</i> .....	90
	<i>Some Comments Regarding k-Space</i> .....	97
7	Defining Image Size and Spatial Resolution .....	101
	<i>How Much Area Will Be Included in the Image?</i> .....	101
	<i>Specifying the Field of View</i> .....	102
	<i>Aliasing and Its Fixes</i> .....	103
	<i>Refining the Field of View</i> .....	107
	<i>A Footnote Regarding Receiver Bandwidth</i> .....	109
8	Putting It All Together: An Introduction to Pulse Sequences.....	110
	<i>Putting It All Together</i> .....	110
	<i>What Exactly Is a Pulse Sequence?</i> .....	110
	<i>The Pulse Sequence Diagram</i> .....	111
	<i>Building the Pulse Sequence</i> .....	113
	<i>The Spin Echo Pulse Sequence: A First Example</i> .....	113
	<i>What Happens After TE: Multiple Echoes and Multiple Slices</i> .....	116
	<i>The Gradient Echo Pulse Sequence</i> .....	119
	<i>Contrast Modification in SE and GRE Imaging</i> .....	127

9	Understanding, Assessing, and Maximizing	
	Image Quality .....	128
	<i>What Is the Measure of a Good Image?</i> .....	128
	<i>What Is Noise?</i> .....	129
	<i>Signal-to-Noise Ratio: Measuring Image Quality</i> .....	129
	<i>What Affects Signal to Noise?</i> .....	131
	<i>Contrast-to-Noise Ratio: Measuring</i>	
	<i>Diagnostic Utility</i> .....	134
	<i>Quality Assurance</i> .....	135
10	Artifacts: When Things Go Wrong, It's Not Necessarily	
	All Bad .....	139
	<i>Things Do Go Wrong . . . but It's Not All Bad News</i> .....	139
	Motion .....	139
	<i>Undersampling (Wraparound Artifact)</i> .....	141
	<i>Susceptibility Effects: Signal Loss and</i>	
	<i>Geometric Distortion</i> .....	144
	<i>Truncation (Gibbs Artifact)</i> .....	146
	<i>Radiofrequency Leak (Zipper Artifact)</i> .....	149
	<i>k-Space Corruption: (Corduroy, Herringbone, and</i>	
	<i>Spike Artifacts)</i> .....	150
	<i>Chemical Shift Artifact</i> .....	151
	<i>Slice Profile Interactions (Cross-Talk Artifact)</i> .....	153
11	Safety: First, Do No Harm .....	154
	<i>Who Cares?</i> .....	154
	<i>The Safety of MRI Versus Iatrogenic Injury</i> .....	154
	<i>Types of MRI Risk</i> .....	155
	<i>Keeping It Safe: S<sup>4</sup></i> .....	159

### **Part III    To the Limit: Advanced MRI Applications**

12	Preparatory Modules: Saturation Techniques.....	165
	<i>Inversion-Recovery Imaging</i> .....	165
	<i>Spectral Saturation Techniques</i> .....	169
	<i>Hybrid Techniques</i> .....	170
	<i>Selective Excitation</i> .....	170
	<i>Spatial Saturation</i> .....	171
	<i>Magnetization Transfer Contrast</i> .....	172
13	Readout Modules: Fast Imaging.....	174
	<i>Gradient Echo Approaches</i> .....	174
	<i>Steady-State Free Precession</i> .....	177
	<i>Manipulating k-Space</i> .....	177
	<i>Hyperspace: Echoplanar Imaging</i> .....	182
	<i>Further Exploits in k-Space</i> .....	185

14	Volumetric Imaging: The Three-dimensional Fourier Transform.....	187
	<i>Multislice Versus Volumetric Imaging:</i>	
	<i>Three-dimensional Versus Two-dimensional</i> .....	187
	<i>Two-dimensional Imaging: How Do We Do It?</i> .....	187
	<i>Three-dimensional Imaging: How Do We Do It?</i> .....	188
15	Parallel Imaging: Acceleration with SENSE and SMASH.....	194
	<i>Why Another Imaging Technique?</i> .....	194
	<i>So What's New?</i> .....	194
	<i>Basics of Parallel Techniques</i> .....	195
	<i>Sensitivity Encoding: SENSE</i> .....	197
	<i>Simultaneous Acquisition of Spatial Harmonics:</i>	
	<i>SMASH</i> .....	198
	<i>What Do We Actually Gain and at What Cost?</i> .....	198
16	Flow and Angiography: Artifacts and Imaging of Coherent Motion .....	200
	<i>What Is Magnetic Resonance Angiography Anyway?</i> .....	200
	<i>Basic Principles of Flow for Students of MRI</i> .....	201
	<i>Impact of Flow on the MR Signal</i> .....	203
	<i>Time-of-Flight MRA</i> .....	212
	<i>Something Different: Contrast-Enhanced MRA</i> .....	221
	<i>Don't Forget This Pitfall!</i> .....	225
	<i>Phase-Contrast MRA</i> .....	226
	<i>Where Do We Go from Here?</i> .....	232
17	Diffusion: Detection of Microscopic Motion .....	233
	<i>Introduction</i> .....	233
	<i>What Is Diffusion?</i> .....	233
	<i>Effect of Diffusion on the MR Signal</i> .....	234
	<i>Making the MR Image Sensitive to Diffusion</i> .....	234
	<i>What Do Diffusion-Sensitized Images Look Like?</i> .....	236
	<i>Quantitative Diffusion Imaging: The ADC</i> .....	238
	<i>Directional Information: DTI</i> .....	239
18	Understanding and Exploiting Magnetic Susceptibility .....	245
	<i>What Is Magnetic Susceptibility (<math>\chi</math>) Anyway?</i> .....	245
	<i>Proton-Electron Dipole Interactions: The Other Face of Paramagnetism</i> .....	248
	<i>Susceptibility-Related Effects I: Artifacts</i> .....	248
	<i>Susceptibility-Related Effects II: Hemorrhage</i> .....	249
	<i>Susceptibility-Related Effects III: Contrast Agents</i> .....	254

	<i>Susceptibility-Related Effects IV: Perfusion Imaging . . . . .</i>	255
	<i>Susceptibility-Related Effects V: Functional MRI . . . . .</i>	259
19	<b>Spectroscopy and Spectroscopic Imaging: <i>In Vivo</i></b>	
	Chemical Assays by Exploiting the Chemical Shift . . . . .	263
	<i>Introduction . . . . .</i>	263
	<i>The Chemical Basis of MRS . . . . .</i>	263
	<i>What Then Is Spectroscopy (MRS) and How Is It</i>	
	<i>Different from MRI? . . . . .</i>	264
	<i>Abundance, Resolution, and Detection . . . . .</i>	265
	<i>The Importance of Field Homogeneity . . . . .</i>	266
	<i>Localization: Single-Voxel Methods . . . . .</i>	267
	<i>Localization: Chemical Shift Imaging . . . . .</i>	270
	<i>Brain Chemistry: Brief Overview of</i>	
	<i>the Proton Spectrum . . . . .</i>	272
	<b>Appendices</b>	
	Appendix 1 Understanding and Manipulating Vectors . . . . .	277
	Appendix 2 Glossary of Terms. . . . .	279
	Appendix 3 Glossary of Common MRI Acronyms, Abbreviations, and Notations. . . . .	291
	Appendix 4 Resources for Reference and Further Study . . . . .	297
	Index . . . . .	299

Totally Accessible MRI

A User's Guide to Principles, Technology, and  
Applications

Lipton, M.L.

2008, XXII, 384 p. 153 illus., 7 illus. in color., Softcover

ISBN: 978-0-387-48895-0