

# Preface

The *Dictionary of Food Ingredients* is a unique, easy-to-use source of information on over 1,000 food ingredients and additives. Like the previous editions, the fifth edition provides clear and concise information on currently used additives, including natural ingredients, FDA-approved artificial ingredients, and compounds used in food processing. The dictionary entries, organized in alphabetical order, include information on ingredient functions, chemical properties, and uses in food products. This revised and updated fifth edition also features a new section, “Food Definitions and Formulations,” a thoroughly expanded list of food ingredients approved for use in the European Union, with E numbers, as well as new information on existing and more recently approved ingredients.

Users of the four previous editions have commented favorably on the dictionary’s straightforward and clearly written definitions, and so I have endeavored to maintain that standard in this new edition. My hope is that this book will continue to be a valuable reference for the food scientist, food processor, food product developer, nutritionist, extension specialist, food customer service personnel, and student.

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