
Preface

A plethora of Orthopaedic Textbooks have been produced over the years presenting the advances made in this ever evolving discipline. Some of them being colossal cover the entire practice of orthopaedic surgery, whereas others include only regional orthopaedics by focusing into a specific anatomical site of the musculoskeletal system.

The idea of the book was conceived during the beginning of my residency program in Orthopaedic Surgery. Moving every 6 months to a different subspecialty, it became clear that I had to obtain different textbooks in order to use them as a quick, yet comprehensive reference, prior to performing a surgical procedure.

Following the development and the popularity of the trauma textbook, I felt obliged to also develop a similar book in elective orthopaedic surgery that would contain a stepwise approach related to these types of surgical procedures. In this textbook, the most common procedures that a surgeon in training is expected to perform during his residency program for the pelvic ring and the lower extremity have been included. Each procedure has been written by an expert or under a supervision of an expert. Each chapter provides such useful information to the trainee as indications, clinical and radiological assessment, surgical approach, implant positioning, tips and tricks, postoperative complications to be aware of, mode of mobilisation and the time intervals of outpatient follow up. Intra-operative pictures have been incorporated to allow the surgeon to be aware of all the important issues and steps involved for each procedure.

This book by no means covers all the procedures to be performed during a residency program. The objective was not to become cumbersome, but rather the textbook to be easy to carry and simple to read. It is expected to be the companion for the resident in training and to improve the standard of care of our patients that we care so much about.

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Practical Procedures in Elective Orthopaedic Surgery

Pelvis and Lower Extremity

Giannoudis, P.V. (Ed.)

2012, XVI, 321 p. 452 illus., 380 illus. in color.,

Softcover

ISBN: 978-0-85729-813-3