

# Preface

Plastic surgery is a big subject and the size of traditional textbooks reflects this. This book was conceived as something different. Instead of a top-down, subject-by-subject approach, we wanted a bottom-up approach, with the starting point being a patient with a problem. The stimulus for this method was lack of any decent texts for the clinical sections of the professional exams in plastic surgery FRCS Plast in the UK, boards in the USA and their equivalents in other parts of the world). The chapters were written with the concept of a patient sitting in front of the reader, as there would be in the exam situation. However the same approach works when one first sees a patient in the clinic. We aimed to provide the reader with the structure and information necessary to be successful in their careers. We have used our experience to ensure the text is as succinct and relevant as possible. We hope we have achieved this in some way and that this book forms a useful adjunct to more traditional texts.

Many have contributed to the book and we would like to thank them for their hard work and effort. SH would particularly like to thank Jon Simmons for getting us across the finish line; it would not have happened without him and his dogged determination. Finally, we would like to thank our patients from whom we have learnt everything that is in this book.

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Plastic Surgery

A Problem Based Approach

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