

# Contents

## Part I Hypogonadism

<b>1</b>	<b>Epidemiology: Late-Onset Hypogonadism in Singapore . . . . .</b>	<b>3</b>
	Peter Huat Chye Lim	
<b>2</b>	<b>Pathophysiology of Late-Onset Hypogonadism and Risks and Benefits of Replacement Therapy . . . . .</b>	<b>9</b>
	Peter Huat Chye Lim	
<b>3</b>	<b>Testosterone Assays and Their Potential Pitfalls . . . . .</b>	<b>19</b>
	Chen Yuan Tud Richard	
<b>4</b>	<b>Diagnosing and Evaluating Androgen Deficiency, Including Andropause . . . . .</b>	<b>25</b>
	Chen Yuan Tud Richard	
<b>5</b>	<b>Testosterone Preparations for Treatment of Hypogonadal Men . . . . .</b>	<b>35</b>
	Louis Gooren	
<b>6</b>	<b>Androgens, Use, Misuse, and Abuse . . . . .</b>	<b>41</b>
	Louis Gooren	
<b>7</b>	<b>Testosterone Therapy, Prostate Safety, and Other Safety Issues . . . . .</b>	<b>47</b>
	Ng Kok Kit	
<b>8</b>	<b>The Role of Testosterone in the Metabolic Syndrome in Men . . . . .</b>	<b>55</b>
	Farid Saad	
<b>9</b>	<b>The Testosterone and ED (or Sexual Function) Connection . . . . .</b>	<b>63</b>
	Farid Saad	
<b>10</b>	<b>Treating Hypogonadism Associated with Erectile Dysfunction . . . . .</b>	<b>71</b>
	Ng Kok Kit	

<b>11</b>	<b>Traditional Asian Herbs: Potential Use for Late-Onset Hypogonadism?</b> .....	77
	Peter Huat Chye Lim	
<b>12</b>	<b>Effects of Excessive Androgen Use and Abuse</b> .....	83
	Peter Huat Chye Lim	
<b>13</b>	<b>Practice Pointers for the Practitioner</b> .....	89
	Peter Huat Chye Lim	
<b>14</b>	<b>Collection Charts/Questionnaires/Testosterone Calculators/Other Aide-Memoires, etc. for the GP</b> .....	93
	Peter Huat Chye Lim	
 <b>Part II Premature Ejaculation</b>		
<b>15</b>	<b>Introduction</b> .....	101
	Peter Huat Chye Lim	
<b>16</b>	<b>Etiology of Premature Ejaculation</b> .....	109
	Louis Gooren	
<b>17</b>	<b>Initial Workup and Use of Assessment Tools</b> .....	115
	Ng Kok Kit	
<b>18</b>	<b>Initial Management of the Newly Diagnosed PE</b> .....	121
	Peter Huat Chye Lim	
<b>19</b>	<b>Premature Ejaculation: Simple Behavioral Therapy Steps</b> .....	131
	Adrian Wang Chee Cheng	
<b>20</b>	<b>Choice of Pharmacologic Agents</b> .....	133
	P. Ganesan Adaikan and B. Srilatha	
<b>21</b>	<b>Premature Ejaculation: Treatment of the Difficult Case and Advanced Counseling Techniques and When to Refer</b> .....	137
	Ng Beng Yeong	
<b>22</b>	<b>Management of the Infertile Couple When the Male Partner Has Ejaculatory Dysfunction</b> .....	143
	P. Ganesan Adaikan and Yap Seng Chong	
<b>23</b>	<b>Delayed/Retarded Ejaculation</b> .....	147
	Louis Gooren	
<b>24</b>	<b>Collection of Bedside Aids for Diagnosis and Tools for Assessment of Treatment to Goal</b> .....	151
	Peter Huat Chye Lim	
<b>25</b>	<b>Frequently Asked Questions on Dapoxetine (FAQ'S)</b> .....	157
	Peter Huat Chye Lim	

**Part III Sexually Transmitted Infections**

<b>26 Overview</b> .....	163
Louis Gooren	
<b>27 HIV/AIDS</b> .....	171
Peter Huat Chye Lim and Sin Yew Wong	
<b>28 Breaking the News and Counseling</b> .....	175
Elias Tak Chuen Tam	
<b>29 Prostatitis in Men</b> .....	181
Ho Siew Hong and Peter Huat Chye Lim	
<b>30 STIs, Depression and Sexual Dysfunction</b> .....	191
Calvin Fones	
<b>31 Guidelines: Making the Diagnosis and Managing the Partner</b> .....	195
Peter Huat Chye Lim	
<b>Index</b> .....	199



<http://www.springer.com/978-1-4471-4765-7>

Men's Health

Lim, P.H.C. (Ed.)

2013, XVIII, 206 p., Hardcover

ISBN: 978-1-4471-4765-7