

# Contents

<b>1</b>	<b>Organizing an After-School Program .....</b>	<b>1</b>
	After-School Programs Must Change .....	2
	Selecting a Group Approach for Your After-School Program .....	3
	Looking at the Complete Program.....	4
	Redesigning After-School Programs.....	4
	Selecting a Group Format .....	5
	Step 1: Establishing the Focus of Your After-School Program.....	7
	Questions.....	8
	Step 1, Design Example .....	9
	Real-World Applications.....	10
	Observational Extensions.....	11
	Troubleshooting Checklists for Organizing a New After-School Program .....	11
	A Ready-to-Use Group-Centered Learning Center Intervention, Designing a Learning Center to Meet the Cultural Needs of Your Participants: The Hat Cat .....	11
	THE HAT CAT.....	13
	ARE YOU READY FOR A CHALLENGE? .....	14
<b>2</b>	<b>The Group-Centered Approach.....</b>	<b>15</b>
	The Need for Individualized Instruction.....	16
	Individual Learning Needs.....	17
	How the Group-Centered Approach Meets Individual Learning Needs.....	19
	How to Set Up and Develop a Group-Centered After-School Program .....	20
	Step 2: Designing a Learning Center to Bring About Academic Improvement.....	21
	Step 2, Design Example .....	22
	ARE YOU READY FOR A CHALLENGE? .....	27
	Real-World Applications.....	27
	Observational Extensions.....	27

Troubleshooting Checklists for Organizing a New After-School Program .....	27
A Ready-to-Use Group-Centered Learning Center Intervention, An Example of How to Build Teaching Strategies into a Learning Center Format: I Am Happy .....	28
I AM HAPPY .....	29
ARE YOU READY FOR A CHALLENGE? .....	29
<b>3 Combining Learning and Counseling into One</b>	
<b>After-School Program</b> .....	31
Perceptions and Past Experiences .....	32
Does Your After-School Program Enhance Mental Wellness? .....	35
Incorporating Mental Wellness into an After-School Program.....	36
How to Build Mentally Healthy Counseling Interventions into Your Program .....	40
Step 3: Designing a Learning Center to Enhance Mental Health and Wellness .....	40
Step 3, Design Example .....	41
Real-World Applications.....	45
Observational Extensions.....	45
Troubleshooting Checklists for Organizing a New After-School Program .....	45
A Ready-to-Use Group-Centered Learning Center Intervention, Designing a Learning Center to Meet the Mental Health Needs of Your Participants: Discovering the Meaning of the Word New .....	45
Discovering the Meaning of the Word New .....	46
ARE YOU READY FOR A CHALLENGE? .....	47
<b>4 The Role of Motivation in an Ongoing Year-Long Program .....</b>	49
What Is Motivation? .....	50
What Is the Difference Between Intrinsic and Extrinsic Motivation? .....	51
Is the After-School Group Environment Important?.....	52
Building Motivation into Your After-School Program.....	54
Creating an Intrinsically Motivating After-School Program.....	56
Step 4: Designing a Learning Center to Enhance Intrinsic Motivation .....	57
Step 4, Design Example .....	58
Real-World Applications.....	61
Observational Extensions.....	61
Troubleshooting Checklists for Organizing a New After-School Program .....	61
A Ready-to-Use Group-Centered Learning Center Intervention, Designing a Learning Center to Meet the Intrinsic Motivational Needs of Your Participants: Matt the Rat.....	61
MATT THE RAT.....	62
ARE YOU READY FOR A CHALLENGE? .....	63

<b>5 Group Process, Self-Efficacy, and Cohesion:</b>	
<b>Applying the Principles of Change</b> .....	65
The Role of the Group in Bringing About Change.....	66
Group Dynamics and Group Process.....	66
Group Process Encourages Change.....	67
Prevention Programs Lead to Change.....	68
Cohesion Guides Change.....	68
Group-Centered Creative Art Interventions.....	69
Self-Efficacy Brings About Change.....	70
Building Change into Your After-School Program.....	71
Step 5: Designing a Learning Center to Bring About Change.....	73
Step 5, Design Example.....	74
Real-World Applications.....	77
Observational Extensions.....	77
Troubleshooting Checklists for Organizing a New After-School Program.....	77
A Ready-to-Use Group-Centered Learning Center Intervention, Designing a Learning Center to Bring About Change: On the Air.....	77
ON THE AIR.....	78
ARE YOU READY FOR A CHALLENGE?.....	78
<b>6 Interaction in a Year-Long Program</b> .....	81
Stages of Development.....	82
Unintentional Disruptions.....	83
Intentional Disruptions.....	84
Group Atmosphere Is Important.....	85
How to Build Constructive Interaction into a Year-Long After-School Program.....	85
Learning Centers.....	85
Puppet Plays.....	87
Action Stories.....	88
TV Studio.....	88
Service Projects.....	89
Step 6: Designing a Learning Center to Encourage Interaction.....	90
Step 6, Design Example.....	90
Real-World Applications.....	93
Observational Extensions.....	93
Troubleshooting Checklists for Organizing a New After-School Program.....	93
A Ready-to-Use Group-Centered Learning Center Intervention, Designing a Learning Center for Generating Interaction:	
Giving to Others.....	94
GIVING TO OTHERS.....	94
ARE YOU READY FOR A CHALLENGE?.....	95

<b>7 Solving Conflicts and Problems .....</b>	<b>97</b>
Violence Teaches Violence .....	98
Changing Behavior .....	99
Create a Positive Cohesive Group Environment .....	99
Appropriate Behavior Must Be Taught.....	100
A Potential Fight .....	101
Teasing, Bullying, and Belittling .....	102
When to Use Designated Groups.....	103
Refusal to Work .....	105
Parents.....	105
Step 7: Designing a Learning Center to Change Behavior.....	107
Step 7, Design Example.....	107
Real-World Applications.....	108
Observational Extensions.....	108
Troubleshooting Checklists for Organizing a New After-School Program.....	109
A Ready-to-Use Group-Centered Learning Center Intervention, Designing a Learning Center for Changing Behavior:	
Painting Pictures in the Clouds.....	109
PAINTING PICTURES IN THE CLOUDS .....	110
ARE YOU READY FOR A CHALLENGE? .....	111
<b>8 After-School Programs and the School Mission.....</b>	<b>113</b>
<b>References .....</b>	<b>117</b>
<b>About the Author .....</b>	<b>129</b>
<b>Index.....</b>	<b>131</b>

After-School Prevention Programs for At-Risk Students

Promoting Engagement and Academic Success

Clanton Harpine, E.

2013, XX, 134 p., Hardcover

ISBN: 978-1-4614-7415-9