

Preface

Apart from being a life-threatening disease, cancer and its therapy are usually associated with a significant deterioration in the quality of life. Non-pharmacological therapies are increasingly gaining acceptance in the healthcare community as complementary to conventional cancer treatments. The medical and scientific communities are thrust for up-to-date and systematic sources of non-pharmacological therapies that are supported by concrete laboratory evidences and clinical trials. Subsequent to our previous volume entitled *Acupuncture and Moxibustion as an Evidence-based Therapy for Cancer*, this volume steps forward to gather leading oncologists, physicians, and scientists in the field to discuss the application of non-pharmacological therapies for the management of cancer. This book consists of 11 chapters presenting the research evidence relevant to the application of a range of commonly used non-pharmacological interventions in supportive cancer care, including massage, acupressure, Qigong, yoga, mind-body therapy, mindfulness-based intervention, and aromatherapy. An overview of the safety and side effects of non-pharmacological interventions for cancer care are also covered. In addition, the integration of non-pharmacological therapies with Western medicine in cancer treatment is included as well. This specialized volume delivers evidence-based information about non-pharmacological therapies for palliative cancer care that would be valuable for both medical professionals and cancer patients.

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