

Preface

Subsequent to our previous volume entitled *Evidence-based Non-pharmacological Therapies for Palliative Cancer Care*, this volume steps forward to gather leading oncologists, physicians, and scientists in the field to discuss the application of diet therapy for the prevention and treatment of cancer. This volume represents an extensive collection of researches on diet therapy for cancer. We focus on providing resources and ideas of good diet help in cancer prevention and treatment based on scientific evidences and clinical trials. A substantial proportion of the materials in this book are published and unpublished findings of the authors. Some parts are reviews derived from published studies of other clinicians and scientists. This book consists of ten chapters presenting the research evidence relevant to the application of a range of commonly used dietary natural compounds and foods in cancer prevention and treatment, including resveratrol, flavonoids from fruits and vegetables, flaxseed oil, green tea, soy food, lycopene-rich foods, antioxidant-rich foods, and Mediterranean diet. An overview of the modulation of proteasome pathways by nutraceuticals is also covered. In addition, the attenuation of multifocal cell survival signaling by bioactive phytochemicals in the prevention and therapy of cancer is included as well. Although written primarily for medical and scientific professionals, this book can be used as a useful reference to cancer patients and those who are interested in diet therapy for cancer. We hope that this book will provide a resource to advocate the best diet therapy for cancer patients. Our goal is that the ideas in this book will help support cancer treatment, while also nurturing the sense of cancer prevention for a lifetime.

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