
Preface

Endocrinology is a fast-growing field, and endocrine literature is huge. With an ever-increasing body of data that includes original studies, therapeutic trials, new tests, reports on new treatments, and guidelines for management, most clinicians are overwhelmed, if not confused, with new information. Given the extent and pace of new developments in endocrinology, we felt that there is a need and a place for a concise, clinically oriented, up-to-date endocrine text. We hope that the problem-oriented format will provide the reader a unique and convenient approach to endocrine problems, from presentation, to diagnostic tests, to specific treatment, and to appropriate follow-up. Our contributors have provided the readers with a practical approach to most common endocrine disorders.

We express our sincere and enduring gratitude to our international colleagues for sharing their expertise and writing chapters for the book. It is our hope that information and recommendations in this text will help our friends and colleagues who provide endocrine care worldwide.

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