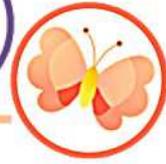




Back Home

Session Plan



Butterfly Plan - 4 to 6 years

Learning Objectives

- To collaborate and share with others
- To provide help when needed

Summary of activities and materials

Classroom activity

“Back Home” – The Story

Read the least episode of Timmy’s adventure, he finally goes home.

“Back Home” – Thinking

The children discuss the emotions experienced by characters of the story.

“Timmy goes back home”

The children, working in pairs, make a drawing of Timmy going home. They need to collaborate together to make one drawing.

“I share”

This activity helps children to reflect on the importance of sharing.

Home activity

“I’m helpful”

The children reflect on the importance of helping other people, linking with experiences from their own personal lives.

“I feel at peace”

The children reflect on the feelings related to a constructive conflict resolution.





Seahorse Plan - 7 to 10 years

Learning Objectives

- To be able to seek and provide help when needed
- To develop strategies to resolve interpersonal conflict

Summary of activities and materials

Classroom activity **“Back Home” – The Story**

Read the least episode of Timmy’s adventure, he finally goes back home.

“Back Home” – Thinking

The children discuss the emotions experienced by characters of the story and link these emotions their personal experience.

“I need help at school”

The children discuss the skill of asking for help at school, and identify the emotions related to the process of receiving help.

“Step by Step”

This activity guide the children to identify possible strategies to deal with interpersonal conflict and chose the most appropriate strategy to resolve the conflict.

Home activity

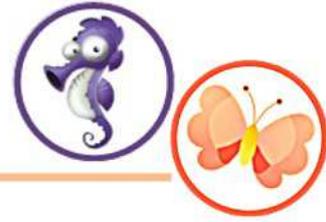
“I’m helpful”

The children reflect on the need to help others, linking it with a past experience in their lives.

“I need help at home”

The children practice the skills of asking for help from somebody at home.

4 Back Home



The Story

It was a beautiful sunny Sunday, and Timmy and Martin were playing together in the garden after a busy week at school.

Martin's mum came out of the house and asked them whether they wished to go out together to visit some places.

Timmy immediately realized where he wanted to go: back home.

He missed a lot his family and his friends and he really wanted to go back. Martin, looked at him, and immediately understood what Timmy was feeling and thinking.

"You want to go home, don't you? asked Martin.

"Yes, I would like to!" replied Timmy. "Here everybody is very kind and gentle with me and I also learned lots of things, but now I wish to go back home. If I could manage to repair the spacecraft, I could travel back to my planet!" said Timmy.

"What can we do?" asked Martin.

"I have an idea!" exclaimed Martin's mum. "We can seek help from our neighbors, you know, there are two famous scientists, and I'm sure they can help us to repair your spacecraft".

It was not long before the neighbors arrived and started fixing Timmy's spaceship. Timmy couldn't believe it, finally he would be back home!

Timmy thanked everybody, hugged all his friends, then he went up the spaceship, turned on the engine, and after waving goodbye, disappeared in the sky.

As he was travelling across space, Timmy thought he was really lucky to have known Martin, his family and his friends, he was so happy and proud of this special adventure.

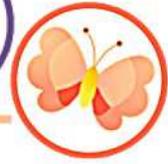
THE END





Back Home

Thinking



Understanding the story

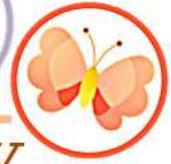
- What happened in the story?

Reflecting on social and emotional aspect of the story

- Where does Timmy want to go?
- Which emotions do you think does Timmy feel when he realizes that he wanted to go home?
- Which emotions do you think does Timmy feel when he sees the spaceship repaired?
- Which emotions do you think does Martin feel when Timmy leaves?
- Which emotions do you think does Timmy feel when he is going home?



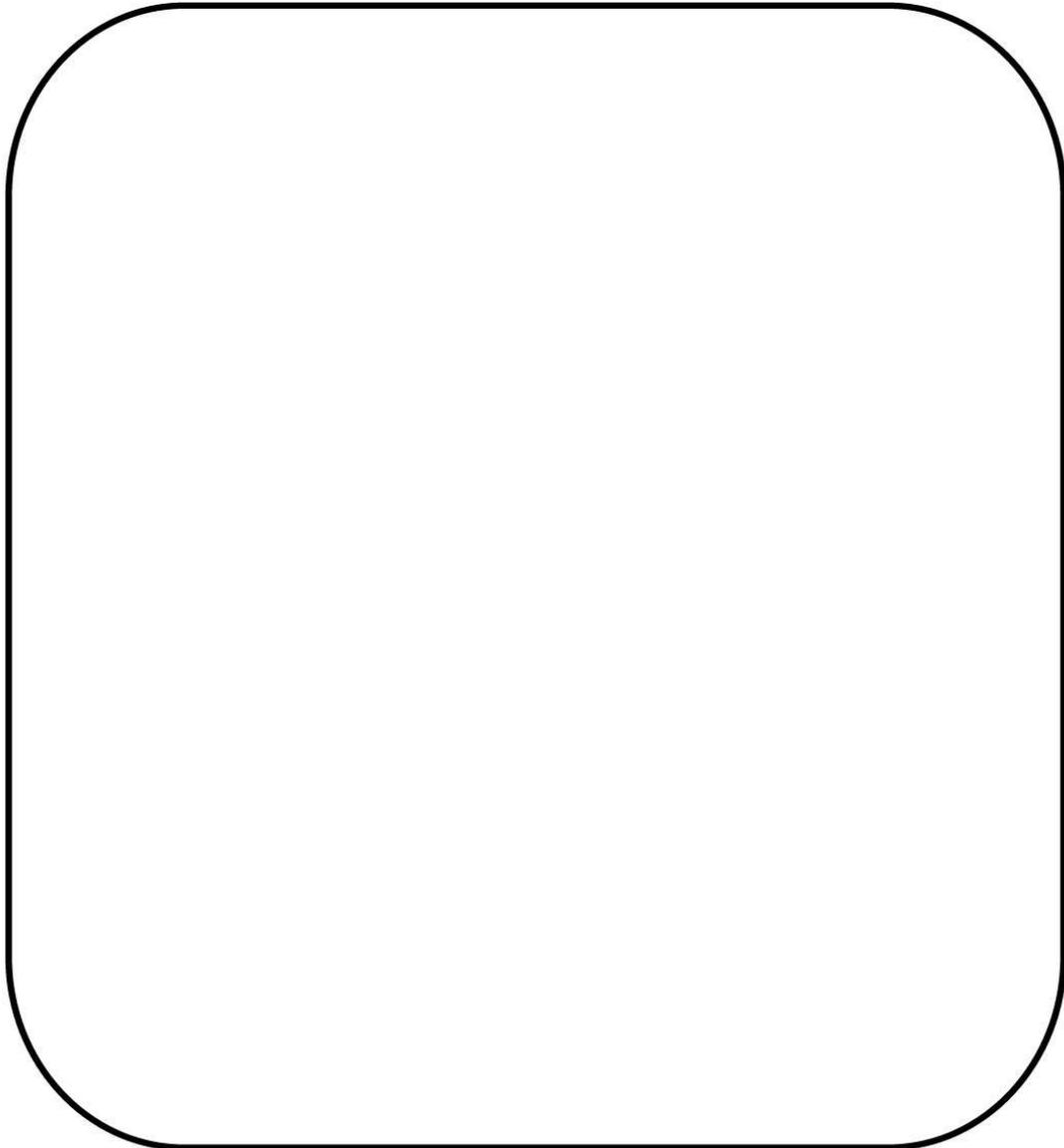
Back Home



Classroom Activity

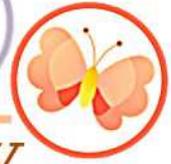
TIMMY GOES BACK HOME

With a classmate, draw Timmy's spaceship.





Back Home



Classroom Activity

I SWARE

Think of something you have to share with somebody else.
Draw it in the box below and then describe how you felt when sharing.

How do you feel?





4 Back Home



Classroom Activity

I NEED HELP at school

Sometimes we need the help of others in difficult situations. Think of a situation when you asked for the help of somebody else at school and then answer the following questions:

What did you ask for? _____

Whom did you ask? _____

Where did this take place? _____

What happened then? _____

Did you manage to solve the problem then? _____

What did you learn from this? _____

4

Back Home



Classroom Activity

STEP BY STEP

When we do not agree with somebody, a conflict may arise.
Think of the steps you need to take to resolve a conflict
and answer the following questions

Describe a conflict situation _____

How did you feel at the beginning? _____

Think about three possible solutions to solve it _____

Discuss your solutions with a classmate and
choose the best strategy together

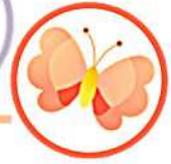
Conflict



Resolution

4

Back Home



Home Activity

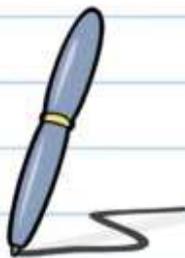
I'M HELPFUL



In the box, draw a situation when you helped a friend.
What was the reason you helped him or her?
Ask somebody to write for you

Draw here

I helped because



4 Back Home



Home Activity

I FEEL AT PEACE

Think of a situation when you argued with a friend but then you made peace
Write down the negative feelings you felt when you were arguing,
and then the positive feelings when you made peace.



Positive



Negative



Back Home



Home Activity

I'M HELPFUL



Think of a situation when you helped a friend in need,
and then answer the following questions:

Whom did you help? _____

Why? _____

What did you do? _____

What happened then? _____

How did you feel then? _____

4

Back Home



Home Activity

I NEED HELP at home

Sometimes we need the help of others in difficult situations. Think of a situation when you asked for the help of somebody else at home and then answer the following questions:

What did you ask for? _____

Whom did you ask? _____

Where did this take place? _____

What happened then? _____

Did you manage to solve the problem then? _____

What did you learn from this? _____



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