



# A Birthday Party

## Session Plan



Butterfly Plan - 4 to 6 years

### Learning Objectives

- To recognize and appreciate individual differences
- To appreciate sense of connectedness and belonging to community where the children are taken care of and where they also take care of others

### Summary of activities and materials

#### Classroom Activity      **"A birthday Party" – The Story**

Read the third episode of Timmy's story, Timmy goes to a birthday party for the first time. Let's read what happens!

#### **"The First Night"- Thinking**

This story introduces children to social awareness

#### **"My affective world"**

The children reflect on people close to them and who care for them. They also discuss how they care for other people.

#### **"My wonderful friend"**

Children recognize and appreciate the qualities of a classmate.

#### Home activity

#### **"A special present"**

The children, thinking of a present for somebody, reflect upon and identify the needs and wishes of others.

#### **"I felt loved"**

The children reflect on a past event when somebody took care of them.





## Seahorse Plan - 7 to 10 years

### Learning Objectives

- To recognize and appreciate individual differences
- To appreciate sense of connectedness and belonging to community where the children are taken care of and where they also take care of others
- To demonstrate ethical values and behaviors

### Summary of activities and materials

#### **Classroom Activity      “A birthday Party” – The Story**

Read the third episode of Timmy’s story, Timmy goes to a birthday party for the first time. Let’s read what happens!

##### **“The First Night” - Thinking**

This story introduces the children to social awareness

##### **“What we share”**

The children recognize the positive qualities in themselves and in others, reflecting on the ones they have in common.

##### **“My top 3 values”**

The children become aware and prioritize their ethical values and how these are related to the needs of others.

#### **Home activity              “I felt loved”**

The children reflect on a past event when somebody took care of them.

##### **“Magic words”**

This activity aims to help children to enhance their knowledge of words and expressions they can use in social interactions to help people feel comfortable and welcomed.



# A Birthday Party



## *The Story*

John was a classmate of Timmy and Martin. He was a very friendly and cheerful child. He played in the school's football team and he loved to take long bike rides with his family.

That day John arrived at school jumping with happiness. He went to Timmy and Martin and said, "Today is my birthday! Would you like to come to my party? I will be waiting for you at 4.00, there will be lots of children, music and a super birthday cake! "

Timmy could not believe his ears, "A birthday party!" he exclaimed. Martin and Timmy were so happy!

Timmy had never been to a birthday party, but he was sure he would have a nice time with his friend Martin.

But shortly before the party, Martin began to feel unwell. He had a sore throat and he started sneezing... He had a fever! He had to go to bed and he could not attend the party.

Timmy did not know what to do, but he was very curious about the birthday party and finally he decided to go on his own.

As soon as he arrived at John's house, Timmy saw many children, some of them older than him. They were chasing each other and the music was very loud. Timmy felt uncomfortable and he realized that he did not know what he was expected to do there or with whom he could play.

He felt frozen in front of the other kids and he felt really uncomfortable, he wanted to quit immediately!



# A Birthday Party



## *Thinking*

### **Understanding the story**

- Who is John?
- Why is John happy when he goes to school?
- What are Martin and Timmy going to do at John's party?
- What is Timmy going to do when he realizes that Martin cannot come with him?

### **Reflecting on social and emotional aspect of the story**

- Which emotions do you think does Timmy feel when he arrives at John's party?
- Have you ever felt like Timmy before? Describe what happened to you then, and how you managed to cope with it.



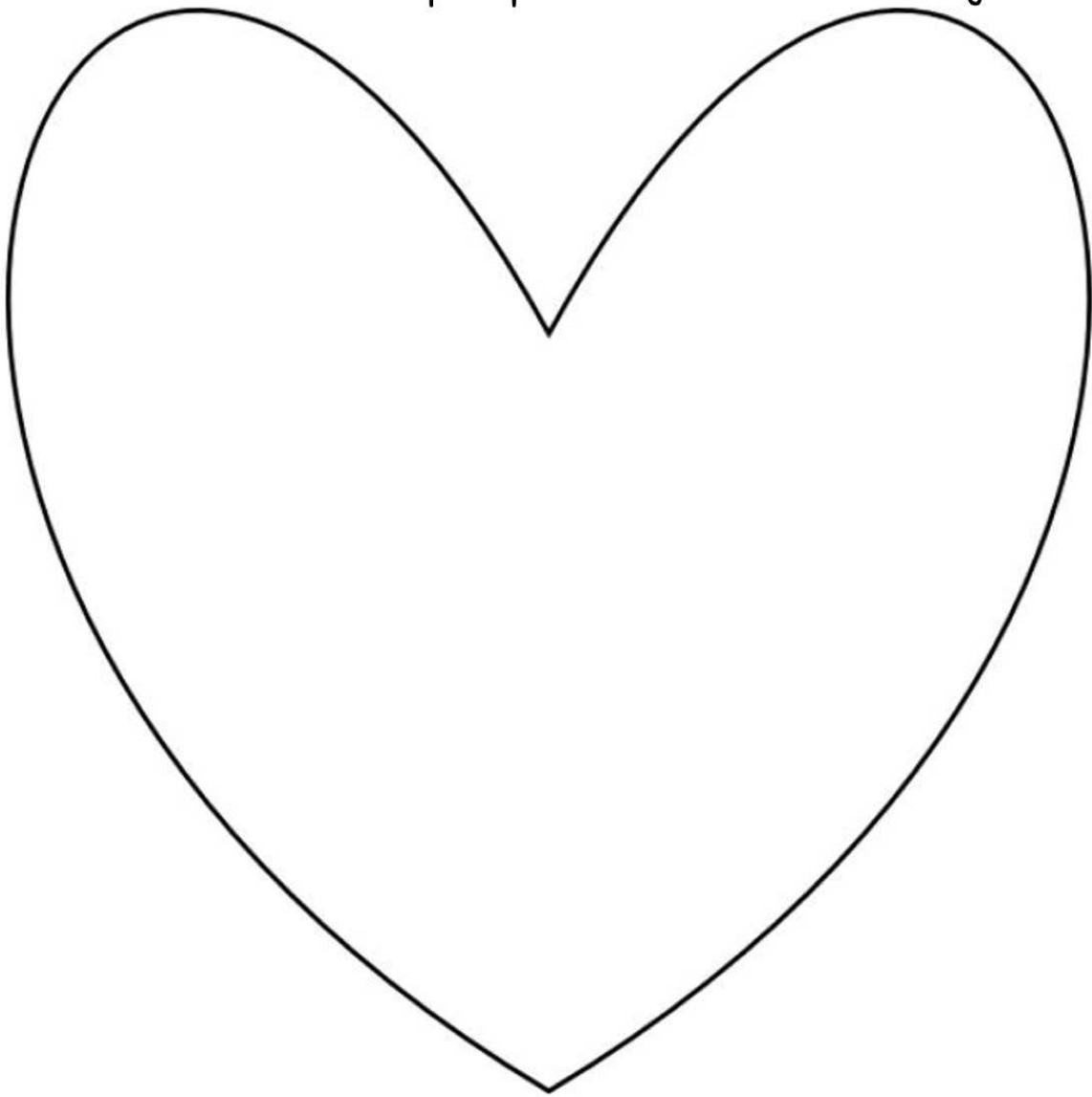
# A Birthday Party



*Classroom Activity*

## MY AFFECTIVE WORLD

Draw below all people that care for you





# A Birthday Party



*Classroom Activity*

## MY WONDERFUL FRIEND

Think of a classmate, draw him/her in the box below,  
and then write three qualities you like in him/her.

Draw here



I like...



Write here

**Social Awareness**







# A Birthday Party



## Classroom Activity

### WHAT WE SHARE

Write three qualities you have  
and then write three qualities your friend has.  
Then identify those you have in common.

That's me!

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.....

.....

We are.....

.....

That's my friend!

.....

.....

.....



# A Birthday Party



## Classroom Activity

# MY TOP 3 VALUES

A value is something very important in your life that help you and guide you in taking important decisions.

Think about the most important 3 values you have and write them in the podium below

2	1	3
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-----	-----	-----
-----	-----	-----
-----	-----	-----
-----	-----	-----

Is any of these three values related to the needs of others?

Discuss with your teacher and peers.





# A Birthday Party



Home Activity

## A SPECIAL PRESENT

Think of a present you wish to give to somebody and draw it in the box below.  
Ask somebody to write for you the reasons you want to give this present

For \_\_\_\_\_

Draw here 

Why



Write here



# A Birthday Party



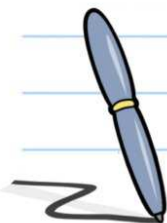
*Home Activity*

## I FELT LOVED

Draw below a situation in your life when you felt loved  
and ask somebody to write for you what happened.

Draw here

What happened?





## A Birthday Party



*Home Activity*

# I FELT LOVED

Think a situation in your life when you felt loved  
and then answer the following questions.

What happened?

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Who was the persona involved?

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Describe how you felt

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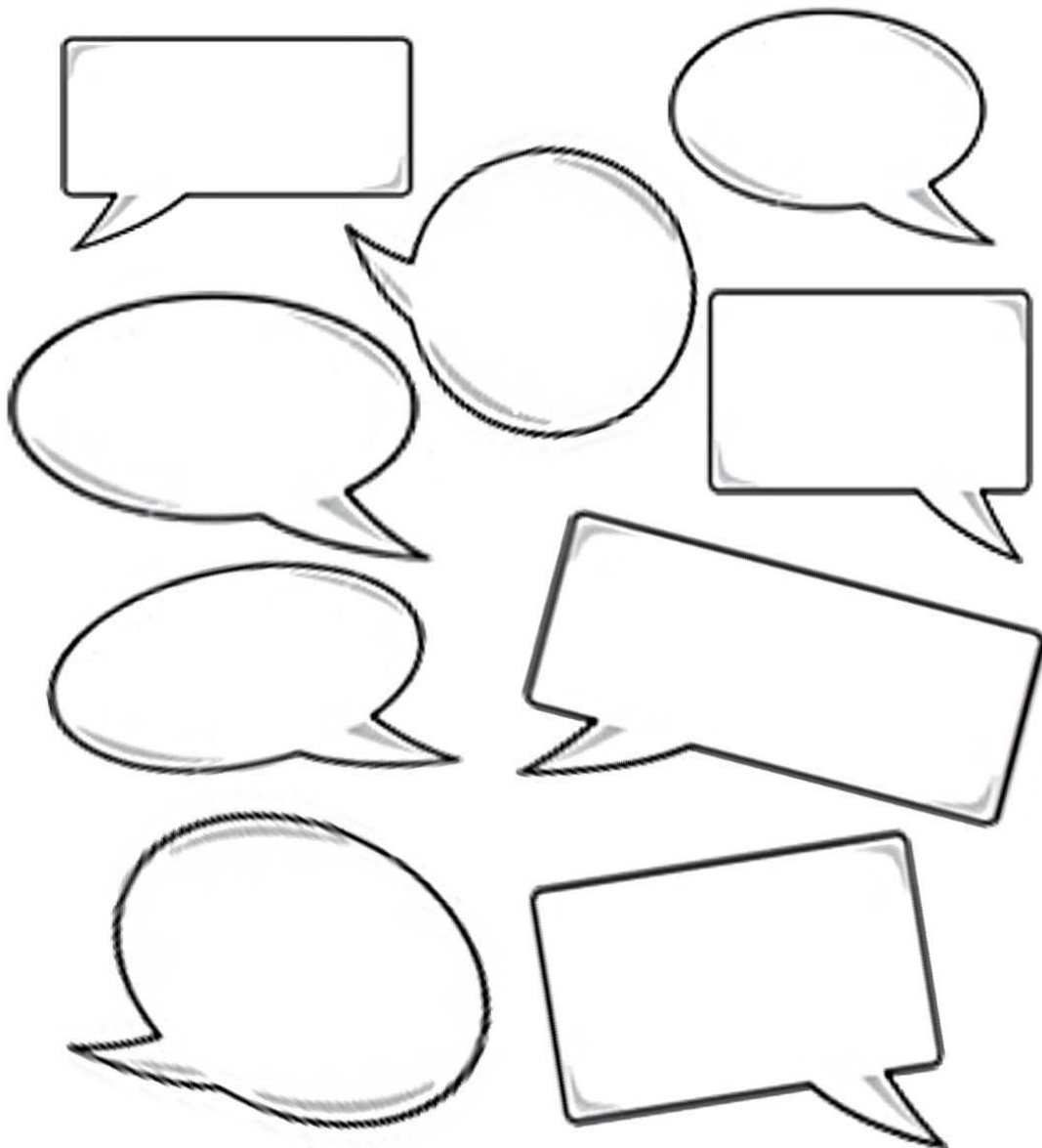
## A Birthday Party



*Home Activity*

# MAGIC WORDS

Write all the words and expressions you know that you can use  
to make somebody feel welcomed and loved



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