
Preface

Anything that gives us new knowledge gives us an opportunity to be more rational.

Herbert Simon (1916–2001)

Pelvic floor dysfunction is a major healthcare problem, affecting millions of women throughout the world. Incontinence has a larger economic impact than many chronic conditions and diseases. One in every nine American women will undergo surgery for a pelvic floor disorder in her lifetime, with 30 % of those women requiring additional surgical procedures for recurrence of the same condition. Moreover, it is thought that the demand for surgery for pelvic floor disorders will increase by 45 % in the next 30 years.

Evolving understanding on this subject and technological advancements has led to availability of a number of minimally invasive treatment options. The gap in knowledge base is keeping up with these techniques and their complications. The aim of this book is to provide a detailed insight into “when, why, what and how” of various minimally invasive surgical procedures for surgical management of SUI, OAB and POP. The goal would be to provide detailed diagrammatic/pictorial step-by-step description of the techniques and management of complications related to these procedures. Thus, this book is intended to be an up-to-date, one-stop reference for anything pertaining to MIT of these pelvic disorders.

The book is designed for both urologist and urogynecologist treating patients with urinary disorders and pelvic organ prolapse. The utilisation of kits and devices has expanded; however, the training has lagged behind. There is a relatively large number of urologists and gynaecologists who have not undergone fellowship training, but due to the ease of the kits are entering the field of female urology, male incontinence and prolapse. This book could be a handy guide for them. Improving the quality of life without doing harm should be the goal of every physician or healthcare provider treating women with pelvic floor disorders.

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