

Preface

This second edition of *Nutrition and Oral Medicine* addresses the complex, multifaceted relationships between diet/nutrition and oral health, explores proposed relationships among oral, systemic, and nutritional well-being and provides insights into interprofessional, comprehensive care for individuals. Chapters focus on diet, nutrition, and oral health promotion and disease prevention across the lifespan, oral and dental diseases and disorders, oral manifestations of systemic diseases, and discussions of the synergy between oral tissues and nutrients. Editors and authors include experts in nutrition and oral health from around the world. Oral and systemic diseases and orofacial pain syndromes are addressed with a focus on associations with and impact on nutrition status, the impact of medications and treatments on the head, neck, oral cavity and oropharynx and nutrition status. Oropharyngeal cancers are examined in light of nutrition etiologies, impact upon oral function, and diet intervention strategies. Suggested management strategies are paired with selected topics in oral health. Cutting edge research issues regarding the relationships between individual nutrients, other nutrient substrates, complementary and alternative medicine, and genetics and oral health/disease are covered. The links among compromised immunity, oral infections, and systemic disease and nutrient deficiencies in relation to oral diseases and systemic diseases are included as well as the impact of impaired host defense on oral and nutrition health.

The book is divided into five parts, synergistic relationships among nutrition, oral, and systemic health, between oral and systemic health, between nutrition and oral health, and between select diseases/conditions with nutrition and oral health interfaces and nutrition and oral medicine education and practice. Chapters examine the research and practice relative to the topic as well as address contemporary and proposed practices as appropriate. Several screening and education tools are included in the appendices for our readers to use for educational purposes. We hope our colleagues in oral, allied, and primary health and education and practice and students in the fields of nutrition/dietetics and dentistry as well as other disciplines whose research, practice, and education includes nutrition and oral medicine find the text a valuable resource.

Riva Touger-Decker
Connie Mobley
Joel B. Epstein

Nutrition and Oral Medicine

Touger-Decker, R.; Mobley, C.; Epstein, J.B. (Eds.)

2014, XXVI, 420 p. 74 illus., 56 illus. in color., Hardcover

ISBN: 978-1-60761-489-0

A product of Humana Press