
Contents

Part I Working With Mothers and Children

1	Supporting Mothers Living with Mental Illnesses in Recovery	3
	Joanne Nicholson	
2	Modes of Experience and Understanding: Parenting Assessment for Mothers with Serious Mental Illness and Child Protective Service Involvement	19
	Teresa Ostler	
3	When Your Patient Has Children: How the Clinician Can Support Good Parenting	33
	Alison Heru	
4	Mothers Are Everywhere: Finding Stories of Motherhood in a State Psychiatric Hospital	45
	Nikole Benders-Hadi	
5	Pregnancy and the Perinatal Period	53
	Laura M. Polania	
6	Substance Use Disorders and Motherhood	73
	Abigail J. Herron and Melodie Isgro	
7	Legal Issues Regarding Children	89
	Nancy S. Erickson	
8	LGBT Mothers	109
	Mary E. Barber and Eric Yarbrough	

Part II Voices of Mothers: The Journey

9	Once Upon A Time I Was Silent	121
	Anita Thomas	
10	Moving Out of Darkness	127
	Angela D. Burling	

11	As My Heart Beats	135
	Suzanne DuBois	
12	Don't Give Up	139
	Taressa Ingle	
13	Pregnant on the Psychiatric Unit: One Woman's Journey Through the State Mental Health System and into Motherhood . . .	143
	Amanda Standridge and Ellen Darling	
14	There and Back Again	147
	Maura K.	
15	Be True to Yourself	151
	Amanda Stettenbenz	
16	Second Chance Motherhood	155
	Jocelyn O'Connor	
17	Love Endures Time	161
	Jessica Melchick	
Part III Voices of Mothers: Getting Help		
18	Postpartum Psychosis Forever Changed My Life	165
	Jennifer Hentz Moyer	
19	Shine Your Light into Darkness	169
	Sherri White and Laura Downs	
20	Finding Hope When There Is None	175
	Kathy Goodwin	
21	Too Few Memories	181
	Shauna Moses	
22	Until a Better Time Comes	189
	Joanna Friend	
23	Post-Traumatic Mothering	195
	Janice and Sarah Noble	
24	Emotional High to Deep Despair	201
	Helen Broome	
25	It's Okay to Get Help	209
	Jennifer Christine Milner	
26	Hope Soars	213
	Paula Ward	

Part IV Voices of Mothers: Motivation for Healing

27	Motherhood Saved My Life	219
	Patricia Greene	
28	The Darkness Isn't So Dark Anymore	225
	Diana Babcock	
29	An Eccentric Mother	231
	Dorothy Scotten	
30	Together We Are Whole	237
	Dena Miller and Harita Raja	
31	Worried Sick: Postpartum Obsessive–Compulsive Disorder	241
	Ellen Darling	
32	Little Rays of Sunshine	249
	Kathy Sattler	
33	Healing Daughter, Healing Mother	255
	Nicole A. Barclay	
34	Learning, Loving, and Giving Back	263
	Michelle Reshatoff	
35	The Best Mother I Can Be	269
	Dareia Figueroa	
36	No Perfect Parent	275
	Tiffany Williams	

Part V Voices of Mothers: Multigenerational Impact

37	A Day in the Life of Bipolar Disorder	279
	Pam Kazmaier	
38	Family Secrets	285
	Valarie Anthony	
39	Find Your Light	293
	Shannon McCleerey-Hooper	
40	Mental Illness and the Pursuit of Stability Across Three Generations	301
	S.J. Hart	
41	Coming into the Light	307
	Samantha Pierce	
42	Hard Work and Love	313
	Christine Shiffler	

-
- 43 An Unquiet Mom: Much More Than a Memoir of a Mother
with Bipolar Disorder and Substance Abuse 319**
Jamie Carr and J. Rebecca Weis

Part VI Voices of Mothers: Adult Childrens' Perspective

- 44 Shadow Mothers 329**
Judith Hannan
- 45 River of Resilience: A Daughter's Memories of Becoming
Whole 333**
Maggie Jarry
- 46 Reaching Back for Reason and Resilience 345**
Cheri Bragg



<http://www.springer.com/978-3-319-01317-6>

Motherhood, Mental Illness and Recovery
Stories of Hope

Benders-Hadi, N.; Barber, M.E. (Eds.)

2014, XIV, 351 p., Softcover

ISBN: 978-3-319-01317-6