

## Preface to the Second Edition

To our readers,

The authors of the Cleveland Clinic Manual of Headache Therapy have been gratified by the response to our first edition, published in 2011. We have conversed with numerous colleagues about the utility of a basic Headache Manual centered on diagnosis and treatment with clinical pearls and summarizing tables.

We proceeded with this second edition for several reasons. First, the new *International Classification of Headache Disorders*, 3rd edition, is now available, and although it is in a beta form at the time of this writing, the changes are sufficiently significant to warrant a re-do of diagnostic parts of the Manual.

Second, a number of new formulations of medications have emerged, some already approved by the US FDA, some submitted, and others close to submission at the time we are putting this book together. Because these newer treatment options are present or imminent, a revised treatment section appears in order.

Finally, there are a number of clinical problems we did not cover in our first book. These include, specifically, problems around opioids and their implications and wean, and traumatic brain injury (TBI) and headaches associated with TBI. We have included these special topics in the new edition. We have also expanded several sections, and have added four new chapters and three new authors.

This manual is organized to address diagnosis in the first half and treatment in the second half. Parts I and II of this clinical manual cover the diagnosis of episodic and chronic primary headaches of adults in the office. Part III covers diagnosis of addiction and substance use and their relationship to headaches. Part IV covers diagnosis of secondary headaches, and Part V, diagnosis of pediatric headaches.

In the treatment half, Part VI covers treatment of episodic headaches in adults, and Part VII addresses treatment of chronic and refractory headaches in adults. Part VIII is devoted to treatment of major secondary headaches, and Part IX expands on treatment of pediatric headaches. Part X is devoted to special

topics in headache, including behavioral treatment, facial pain and neuralgias, women's issues, dizziness, traumatic brain injury and concussion, and nursing issues.

We thank our readers and our patients for the opportunity to learn, educate, and try our best to treat headache disorders effectively.

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