

Preface

Cardiovascular disorders are on the rise in developing countries, and SARC countries are no exception to it. Data on any aspect of these disorders, with reference to local living conditions, is very scarce. The work presented here is part of a doctoral study, and the findings primarily focus on the aim of providing an insight about the prevalence of some of the serum minerals and lipids profiles present in various cardiovascular disorders. The data presented and discussed in this book pertains to Pakistan but can serve as a base line, or reference, for future studies in the country, as well as the surrounding continent. It is expected that data presented here may pave the way to more advanced research regarding cardiovascular problems for researchers/clinicians wishing to proceed in this direction.

The linguistics of the book has been kept very simple for easy comprehension so that researchers, clinicians, and even students may be void of any problem. Detailed tables and figures have also been included, which provide, at a glance, a true idea of the prevalence of serum minerals and lipids profiles in countries such as Pakistan. Our findings have been presented as observed, and it is hoped that the book will prove to be of great importance to the habitants of South Asian countries.

We hope that the users of this book will find it appealing and reliable. Any suggestions for improvement will be most welcome.

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Minerals and Lipids Profiles in Cardiovascular Disorders
in South Asia

Cu, Mg, Se, Zn and Lipid Serum Profiles for the Example
of Patients in Pakistan

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