
Preface

It has been my pleasure to edit the second edition to *Wrist and Elbow Arthroscopy* textbook. Arthroscopic surgery has continued to revolutionize the practice of orthopedics by providing the technical ability to examine and treat intra-articular abnormalities under bright light and magnified conditions. Wrist arthroscopy has continued to significantly advance our knowledge and understanding of this complex joint with its multiple articulations and ligaments all within a 5 cm interval. Since the previous textbook, there has been continued considerable growth in the indications and techniques for wrist arthroscopy. As more surgeons are exposed to wrist arthroscopy, newer techniques continue to be developed, which helps our patients. This is evident by the growth of this textbook to 34 chapters compared to the previous edition.

As before, this is truly an international text. Recognized experts from around the world from four continents have contributed the latest techniques and advances in wrist arthroscopy. The goal for the authors was to describe their arthroscopic techniques in detail to include their tips and tricks to make the procedures easier for all of us to perform. There are many new topics and additions with the second edition. This includes multiple chapters on management of scapholunate instability, arthroscopic proximal row carpectomy, and arthroscopic staging management of Kienbock disease. In addition, dry arthroscopy has continued to grow in popularity. A chapter is dedicated specifically to these newer techniques. Small joint arthroscopy has continued to make several gains and multiple chapters are included describing these techniques and applications for the smaller joints of the hand.

Lastly, I am pleased that the second edition has been expanded to include the field of elbow arthroscopy, which continues to grow in popularity. This can be a very difficult joint for arthroscopic surgical techniques and leaders from around the world have contributed their techniques and pearls for this newest edition. Arthroscopic management of complex topics including elbow arthritis, contractures, and instability are included in this edition.

First, I want to acknowledge and thank the international group of experts who committed their time and expertise to author these chapters. Their tips and tricks are invaluable and they all have advanced the field of wrist and elbow arthroscopy.

I want to acknowledge my early mentors in hand surgery including Terry L. Whipple, M.D., who initially exposed me to the wonderful techniques of wrist arthroscopy. He particularly demonstrated to me how precise and delicate arthroscopic surgery is of the wrist to be well performed. I want to acknowledge and thank Alan E. Freeland, M.D., my mentor, friend, and colleague who instructed me in hand surgery and guided my career. I certainly want to acknowledge and thank my wife, Susan, and daughter, Rachel Leigh, who provided tireless support and understanding throughout my career.

I want to thank my nurses, Tracy Wall, R.N., and Janis Freeland, R.N., who work tirelessly behind the scenes, but really run the show. Finally, Sheila Steed, my administrative assistant, who has always been there and somehow always keeps me pointed in the right direction.

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