

The Cleveland Clinic Manual of Dynamic Endocrine Testing

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Preface

Dynamic endocrine testing is the cornerstone of practice in endocrinology and plays an important role in clinical decision-making. Structured and standardized testing protocols are also very important for billing and compliance with high quality standards. However, evidence-based national guidelines for these tests are unfortunately missing.

We in the Cleveland Clinic Department of Endocrinology recently updated our endocrine dynamic testing protocols utilizing current best evidence. These dynamic endocrine tests have been created via a peer review process that included 25 experienced endocrinologists, with each test being discussed at weekly grand rounds. We decided to publish our experience as *The Cleveland Clinic Manual of Dynamic Endocrine Testing*, which will provide an up-to-date practical guide for endocrinologists, nurses, and their staff, both within the USA and outside, who need to perform and interpret dynamic endocrine testing in their everyday practice, as well as medical students, residents, and fellows who have interest in endocrinology.

Each chapter presents of a particular test. Most chapters follow a fairly consistent format covering indication, preparation, materials, interpretation, and caveats. The portion that outlines the actual procedure of the test is presented separately at the end of each chapter for ease of use and reproducibility.

We give special thanks to the physicians and nurses in the Cleveland Clinic Department of Endocrinology, who have contributed to the creation of this valuable book.

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