
Contents

1 Introduction: Mindful Medical Practice.....	1
Patricia Lynn Dobkin	
2 Mindful Rounds, Narrative Medicine, House Calls, and Other Stories	5
Maureen Rappaport	
3 Lost Heart (Beat)/Broken (Body)	13
Patricia Lynn Dobkin	
4 Working with Groups Mindfully	19
Craig Hassed	
5 The Opera of Medicine	25
Michael S. Krasner	
6 The Mindful Psychiatrist: Being Present with Suffering	29
Catherine L. Phillips	
7 The Death of a Snowflake.....	37
Emmanuelle Baron	
8 Carmen's Story	41
John H. Kearsley	
9 A Mindful Life in Medicine: One Pediatrician's Reflections on Being Mindful ...	49
Michelle L. Bailey	
10 Embodied Wisdom: Meeting Experience Through the Body	57
Sonia Osorio	
11 Minding Baby Abigail	61
Andrea N. Frolic	
12 Mindfulness in Oncology: Healing Through Relationship.....	71
Linda E. Carlson	
13 Choosing to Survive: A Change in Reproductive Plans	75
Kathy DeKoven	

14 Mindfulness in the Realm of Hungry Ghosts	79
Ricardo J. M. Lucena	
15 In the Heart of Cancer	85
Christian Boukaram	
16 Hiking on the Eightfold Path	89
Ted Bober	
17 Strengthening the Therapeutic Alliance Through Mindfulness: One Nephrologist's Experiences	95
Corinne Isnard Bagnis	
18 Richard's Embers	99
Elisabeth Gold	
19 Mindful Decisions in Urogynecological Surgery: Paths from Awareness to Action	105
Joyce Schachter	
20 The Good Mother	111
Kimberly Sogge	
21 I Am My Brother's Keeper	119
Dennis L. Dobkin	
22 The Mindful Shift	123
Tara Coles	
23 Lifeline	127
Carol Gonsalves	
24 Medical Students' Voices: Reflections on Mindfulness During Clinical Encounters	131
Mark Smilovitch	
25 Growth and Freedom in Five Chapters	139
Stephen Liben	
26 A Wounded Healer's Reflections on Healing	145
Cory Ingram	
27 Mindfulness, Presence, and Whole Person Care	151
Tom A. Hutchinson	
28 Mindful Attitudes Open Hearts in Clinical Practice	155
Patricia Lynn Dobkin	
Index	161

Mindful Medical Practice

Clinical Narratives and Therapeutic Insights

Dobkin, P.L. (Ed.)

2015, XX, 163 p. 5 illus., 1 illus. in color., Hardcover

ISBN: 978-3-319-15776-4