
Contents

Part I Stressors for Immigrant Youth

Immigrant Youth Life Stressors	3
Anna Staudenmeyer, Erynn Macciomei, Margareth Del Cid, and Sita Patel	

Part II Psychotherapy Interventions for Immigrant Youth

Cognitive-Behavioral Therapy for Immigrant Youth: The Essentials	27
Robert D. Friedberg, Marisa Keller, Micaela A. Thordarson, and Paul J. Sullivan	
Family Factors: Immigrant Families and Intergenerational Considerations	49
Maryam Kia-Keating, Diana Capous, Linda Juang, and Guadalupe Bacio	
School-Based Interventions	71
Alisa B. Miller, Colleen B. Bixby, and B. Heidi Ellis	
Trauma and Acculturative Stress	87
John P. Rettger, Hilit Kletter, and Victor Carrion	

Part III Interventions Complimentary to Psychotherapy for Immigrant Youth

Combined Psychotherapy with Psychopharmacology	109
Yasmin Owusu	
Information Systems and Technology	127
E.L. Bunge, M.K. Jones, B. Dickter, R. Perales, and A. Spear	

Part IV Special Circumstances for Psychotherapy for Immigrant Youth

Treating Forcibly Displaced Young People: Global Challenges in Mental Healthcare	149
Ruth Reed, Rebecca Tyrer, and Mina Fazel	
Immigrant Youth and Navigating Unique Systems That Interact with Treatment	167
David E. Reed, Marilee Reubsamen, James Livingston, and Fazia Eltareb	
Cultural Perspectives in the Context of Western Psychological Mind-sets: The Need for Cultural Sensitivity in the Mental Health of Immigrant Youth	185
Rania Awaad and Daryn Reicherter	
Index.....	197

Psychotherapy for Immigrant Youth

Patel, S.; Reicherter, D. (Eds.)

2016, XVI, 203 p. 1 illus. in color., Softcover

ISBN: 978-3-319-24691-8