

Preface

This book is designed to help residents and medical students anticipate and recognize varying levels of acuity in gynecologic care. The ability to differentiate between “sick” and “not sick” is absolutely vital in the management of a patient population that spans the spectrum of health and disease. Gynecology patients are most often young women who can seem deceptively stable until the moment that decompensated hemorrhagic or septic shock sets in. This manual is designed to be a reference and reminder to gynecology trainees of the worst-case scenarios in every chief complaint and reviews the management of both common and acute conditions.

Handbook of Consult and Inpatient Gynecology is a concise guide to gynecology in the inpatient and emergency settings and is designed to optimize patient safety and outcomes. It reflects the changing landscape of modern gynecologic practice and encompasses both advanced imaging techniques and minimally invasive surgery and interventions. The book focuses solely on gynecology with purpose. Unlike obstetrics, which usually involves several trainees in a team, and outpatient practice, which allows time for preparation and reference, gynecology “consult” or “night float” rotations require trainees to function on their own, balancing several pressing clinical demands at once.

This book is organized to address calls and consults in two general arenas: emergency care, and inpatient and post-procedural care. In addition to describing common gynecologic

logic issues such as vaginal bleeding, ectopic pregnancy, adnexal masses and torsion, spontaneous abortion, and sexual assault, this guide explores postoperative complications that are relevant to benign gynecology, gynecologic oncology, family planning, urogynecology, and reproductive endocrinology. Each chapter offers definitions of core concepts, differential diagnoses, actions to take upon receiving the consult and assessing the patient, and key points for the history, physical, diagnostic work-up, and management.

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