

# Contents

<b>1</b>	<b>Introduction</b>	1
	What Is Recovery, and How Does It Relate to Stability?	1
	What Is Serious Mental Illness?	3
	Why We Need Expanded Outreach Services	4
	My Personal Career Trajectory, Leading up to Outreach Psychiatry	6
	The Pathways Model	15
	My View of How These Patients Change	21
	How These Narratives Emerged	23
	Confidentiality and Consent Issues	27
	References	28
<b>2</b>	<b>Gary N.</b>	31
	Personal and Psychiatric History	31
	Treatment Begins	33
	Course of Treatment	36
	Improvement Begins	37
	Consolidation of Gains; New Capacities	41
	Post-script	44
<b>3</b>	<b>Pamela P.</b>	47
	Personal and Psychiatric History	47
	Treatment Begins	49
	New Issue; Course of Treatment	51
	Improvement in Both Systemic and Psychological Health	53
	Post-script	55
<b>4</b>	<b>Bernardo H.</b>	57
	Personal and Psychiatric History	57
	Treatment Issues	58
	Obstacles to Improvement	60

	Efforts at Improvement . . . . .	62
	Success or Failure? . . . . .	63
	Post-script . . . . .	64
<b>5</b>	<b>Victoria N.</b> . . . . .	65
	First Impressions . . . . .	65
	Initial Response to Treatment. . . . .	66
	Family History. . . . .	67
	Gender Issue(s) . . . . .	68
	Early Improvement. . . . .	69
	Cultural Issues . . . . .	71
	Continuing Improvement. . . . .	73
	Post-script . . . . .	74
<b>6</b>	<b>Richard G.</b> . . . . .	77
	Personal and Psychiatric History . . . . .	77
	Engagement and Stability . . . . .	78
	Systemic Health Issue. . . . .	80
	Restabilization and Death . . . . .	82
	Post-script . . . . .	84
<b>7</b>	<b>Maria C.</b> . . . . .	85
	Personal and Psychiatric History . . . . .	85
	Initial Treatment. . . . .	86
	Progress Toward Longer-Term Goals . . . . .	87
	Step-Down to a Lesser Level of Services . . . . .	90
	Post-script . . . . .	91
<b>8</b>	<b>Alex A.</b> . . . . .	93
	Issues in Childhood and Adolescence . . . . .	93
	Initial Treatment. . . . .	95
	First Attempt at Redirecting Treatment . . . . .	96
	Complications . . . . .	97
	Progress . . . . .	98
	More Complications . . . . .	98
	More Progress . . . . .	99
	Still More Complications and More Progress . . . . .	99
	Success. . . . .	101
	Post-script . . . . .	101
<b>9</b>	<b>Seth S.</b> . . . . .	103
	Initial Meeting . . . . .	103
	Psychiatric and Personal History . . . . .	104
	Treatment . . . . .	105
	Progress with Socialization . . . . .	107

Diabetes Management . . . . .	109
Overall Progress . . . . .	110
Post-script . . . . .	111
<b>10 Donald M.</b> . . . . .	113
Personal and Psychiatric History . . . . .	113
Initial Treatment . . . . .	114
Challenges . . . . .	115
Our Interactions . . . . .	117
Post-script . . . . .	119
<b>11 Carl Z.</b> . . . . .	121
Introduction: Personal and Psychiatric History . . . . .	121
Treatment . . . . .	122
Family . . . . .	123
Early Life Issues . . . . .	124
Opportunity for Change . . . . .	124
Resolution . . . . .	125
Post-script . . . . .	127
<b>12 Seema S.</b> . . . . .	129
Overview . . . . .	129
Version #1: Personal History and Family Issues . . . . .	130
Version #2: Her Mental Illness . . . . .	131
Version #3: Her Blindness . . . . .	133
Resolution and Parting . . . . .	134
Post-script . . . . .	135
<b>13 Justin E.</b> . . . . .	137
Personal and Psychiatric History . . . . .	137
Family Relationships and Work . . . . .	138
Treatment . . . . .	140
Second Condition . . . . .	141
Resolution . . . . .	142
Post-script . . . . .	143
<b>14 Second Thoughts and Conclusions.</b> . . . . .	145
Second Thoughts . . . . .	145
Four Types of Narratives Without Recovery . . . . .	146
Risks of Physical Harm to Outreach Clinicians . . . . .	148
Risks to Policy-Makers in Supporting Expanded Outreach Capacity . . . . .	151
Resistance from My Colleagues . . . . .	154
Conclusions . . . . .	155

Keep Recovery in Mind from the Outset . . . . . 155

Family Support Plays an Even Larger Role Than Expected . . . . . 156

Peer-Specialists Open New Possibilities . . . . . 156

Systemic Illness Can Have a Decisive Impact on Recovery . . . . . 157

Outreach Work Expands the Psychiatrist’s Role . . . . . 158

Outreach Psychiatry Needs You . . . . . 159

**Index . . . . . 161**



<http://www.springer.com/978-3-319-33725-8>

Narratives of Recovery from Serious Mental Illness

Tucker, W.

2016, XVI, 165 p., Hardcover

ISBN: 978-3-319-33725-8