

Contents

Part I Introduction: Problems in the Relationship Between Work and Family, Shift Work, and Non-standard Working Hours

Shift Work and Its Implications for Everyday Work and Family Life: A Foundation and Summary	3
Joseph G. Grzywacz	
Introduction to Problems of Shift Work.	19
Giovanni Costa	

Part II Social Consequences of Specific Features of Working Time Organization

Unusual and Unsocial? Effects of Shift Work and Other Unusual Working Times on Social Participation.	39
Anna Arlinghaus and Friedhelm Nachreiner	
Reciprocal Relations Between Working Time Arrangements and Work-Family Conflict Over Time	59
Nicole W.H. Jansen and IJmert Kant	
Work-Life Conflict in ‘Flexible Work’: Precariousness, Variable Hours and Related Forms of Work Organization	91
Philip Bohle	

Part III Consequences of Shift Work and Non-standard Work Hours for Workers and Their Families

Parents Working Non-standard Schedules and Schools Operating in Two Shifts: Effects on Sleep and Daytime Functioning of Adolescents	109
Biserka Radošević-Vidaček, Adrijana Košćec and Marija Bakotić	

Irregular Work Shifts and Family Issues—The Case of Flight Attendants	137
Flaviany Ribeiro-Silva, Lucia Rotenberg and Frida Marina Fischer	
 Part IV Individual Differences and Work-family Relationship	
Gender Differences in Safety, Health and Work/Family Interference—Promoting Equity	153
Donatella Camerino	
Individual Differences in Circadian Rhythm Parameters and Work-Family Spillover in Shift Workers	181
Irena Iskra-Golec	

Social and Family Issues in Shift Work and Non
Standard Working Hours

Iskra-Golec, I.; Barnes-Farrell, J.; Bohle, P. (Eds.)

2016, X, 202 p. 8 illus., 3 illus. in color., Hardcover

ISBN: 978-3-319-42284-8