

# Contents

## **Part I Policy and Practice Framework in the Asia Pacific and Beyond**

- 1 State of the Art: The Context of Psychosocial Factors at Work in the Asia Pacific? . . . . .** 3  
Jodi Oakman, Maureen Dollard, Akihito Shimazu  
and Rusli Bin Nordin
- 2 International Initiatives to Tackle Psychosocial Risks and Promote Mental Health in the Workplace: Is There a Good Balance in Policy and Practice? . . . . .** 23  
Stavroula Leka and Aditya Jain
- 3 Macro-Level Policy and Practice Relating to Psychosocial Factors at Work in the Asia Pacific. . . . .** 45  
Tessa S. Bailey, Yawen Cheng, Awang Idris and Sara Arphorn
- 4 Guidelines for Primary Prevention for Mental Health at Work. . . . .** 61  
Akizumi Tsutsumi and Akihito Shimazu
- 5 Strategies to Prevent Work-Related Stress and Cardiovascular Diseases in South Korea . . . . .** 77  
Jungsun Park

## **Part II Psychosocial Factors at Work in the Asia Pacific**

- 6 Psychosocial Safety Climate: Past, Present, and Future Research. . . . .** 89  
Yulita, Mohd. Awang Idris and Maureen Dollard
- 7 Designing Work that Works in the Contemporary World: Future Directions for Job Design Research. . . . .** 135  
Sharon K. Parker and Fangfang Zhang

<b>8</b>	<b>Prevalence, Distribution, and Trends of Workplace Violence and Its Associated Health Problems: Findings from National Surveys of Taiwan. . . . .</b>	<b>151</b>
	Yawen Cheng and Li-Chung Pien	
<b>9</b>	<b>Psychosocial Hazards and Musculoskeletal Disorders: Are There Different Roles for Workplace Factors Between Office Workers in Malaysia and Australia? . . . . .</b>	<b>173</b>
	Jodi Oakman, Ismail Maakip and Tessa Keegel	
<b>10</b>	<b>Psychosocial Safety Climate from Two Different Cultural Perspectives in the Asia Pacific: Iran and Australia Hospitals. . . . .</b>	<b>187</b>
	Ali Afsharian, Amy Zadow and Maureen F. Dollard	

### **Part III Practical Approach Towards Healthy Workplaces and Workers**

<b>11</b>	<b>Organizational Tools for Psychosocial Risk Management: A Critical International Review . . . . .</b>	<b>205</b>
	Rachael E. Potter, Alice Fattori and Maureen F. Dollard	
<b>12</b>	<b>Development of the New Brief Job Stress Questionnaire . . . . .</b>	<b>225</b>
	Akiomi Inoue, Norito Kawakami, Teruichi Shimomitsu, Akizumi Tsutsumi, Takashi Haratani, Toru Yoshikawa, Akihito Shimazu and Yuko Odagiri	
<b>13</b>	<b>Occupational Stress and Coping Strategies Among Malaysian Employees: Where Is the Role of Organizations? . . . . .</b>	<b>249</b>
	Rusli Bin Nordin and Cindy Biding Ahin	
<b>14</b>	<b>Effects of Internet-Based Cognitive Behavioral Therapy (iCBT) Among Healthy Workers: Current Research Evidence . . . . .</b>	<b>257</b>
	Kotaro Imamura, Norito Kawakami and Akihito Shimazu	
<b>15</b>	<b>Organizational Support for Mental Health, Stigmatization of Employees with Depression and Performance Appraisal: A Management Simulation Study. . . . .</b>	<b>267</b>
	Angela Martin, Elizabeth Hobman, Emma Howarth and Kyla McDonald	

### **Part IV Practical Approach in Specific Conditions**

<b>16</b>	<b>Improving Psychosocial Factors in Small-Scale Enterprises in Japan and the Asia-Pacific Region. . . . .</b>	<b>291</b>
	Jiro Moriguchi, Sonoko Sakuragi and Masayuki Ikeda	

<b>17</b>	<b>Health Issues of Workers Engaged in Operations Related to the Accident at the Fukushima Daiichi Nuclear Power Plant</b> . . . . .	<b>307</b>
	Koji Mori, Seiichiro Tateishi and Koh Hiraoka	
<b>18</b>	<b>The Effect of a Nation-Specific Stressor on Well-Being: Guanxi in Chinese Workplace</b> . . . . .	<b>325</b>
	Qiao Hu, Wilmar B. Schaufeli and Toon W. Taris	
<b>19</b>	<b>Beneath the Surface: An Exploration of Remoteness and Work Stress in the Mines</b> . . . . .	<b>341</b>
	Wesley P. McTernan, Maureen F. Dollard, Michelle R. Tuckey and Robert J. Vandenberg	
<b>Part V Conclusion</b>		
<b>20</b>	<b>Key Contributions and Future Research Directions</b> . . . . .	<b>361</b>
	Akihito Shimazu, Jodi Oakman, Maureen F. Dollard and Rusli Bin Nordin	

Psychosocial Factors at Work in the Asia Pacific

From Theory to Practice

Shimazu, A.; Bin Nordin, R.; Dollard, M.; Oakman, J.

(Eds.)

2016, VII, 369 p. 26 illus., 9 illus. in color., Hardcover

ISBN: 978-3-319-44399-7