

Preface

From the beginning, it was my idea to create a book that covers a variety of pain conditions seen by the rehabilitation specialist. I particularly wanted to include pain conditions seen in an acute or subacute rehabilitation hospital, as well as in the outpatient setting by the general physiatrist or the physiatrist subspecialized in Brain Injury Medicine, Hospice and Palliative Medicine, Neuromuscular Medicine, Pain Medicine, Spinal Cord Injury Medicine, and Sports Medicine.

This book is geared towards physiatrists in training or in early practice. It will also serve as a resource for any medical, surgical, behavioral, or allied health provider who treats pain across the rehabilitation continuum. The chapters present both biomedical and biopsychosocial perspectives, combining the multidisciplinary approach used in Pain Medicine with the interdisciplinary approach used in Physical Medicine and Rehabilitation. The book includes theory, clinical practice, and practical aspects of managing pain through rehabilitation.

Comprehensive Pain Management in the Rehabilitation Patient: A Reference Guide covers many diagnoses in a deliberately succinct and specific format. Each chapter includes a recommended reading list outside of specific references used. This is to encourage the reader to explore more about any particular topic. The book is divided into 14 parts, which cover the following topics: Introduction to pain and a review of the multidisciplinary approach; Pain in the rehabilitation patient, which covers many of the core settings of an acute or subacute rehabilitation hospital; Headache; Pain diagnostics; Medication; Injections and procedures; Behavioral management; Complementary and alternative medicine; Neuromodulation; Neuroablation; Surgical management of pain; Novel techniques; Business and legal perspectives.

I am very grateful to the hard work of my colleagues and friends who authored these chapters. They represent many different specialities and work in a variety of settings. Their generous support of my work has made this book possible.

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