

Preface

Hospital Medicine: Perspectives, Practices and Professional Development examines the field of hospital medicine and provides practical guidance on how to become successful in this evolving specialty. Given the rapid growth of hospital medicine and its impact on the current and future landscape of medicine, this book offers perspectives on the healthcare system as a whole and how hospitalist and hospital medicine teams can effectively engage this system to provide cost-effective and high-quality care.

This book applies to all levels of hospital medicine expertise and proposes approaches to help guide the trainee, early career hospitalist and those more experienced along paths toward career success. It is structured in such a way that, regardless of one's level of experience, each reader will walk away with insights into his/her own style, knowledge, and practice that will lead to greater success. Starting with a primer on the healthcare system, this book will walk the reader through the process of self-assessment, career planning and strategies to avoid pitfalls, approaches to patient and interdisciplinary care, and administrative tasks critical to the hospitalist. As the book unfolds, chapters geared specifically towards more experienced hospitalists including how to "manage from the middle" and understanding financial and regulatory drivers in hospital medicine are discussed. In addition, there are chapters geared specifically towards considering or actively engaged in an academic setting including how to be an effective teacher and begin the process of delving into research.

We believe this book can serve as a blueprint for success in the field of hospital medicine. We hope you enjoy reading it and gain perspectives, practical approaches, and professional development skills that will contribute to you becoming a highly successful hospitalist.

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Hospital Medicine

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