

Contents

1	Introduction to Family Therapy with Adolescents in Residential Settings: Intervention and Research.	1
	Jacob D. Christenson and Ashley N. Merritts	
Part I Family Therapy During Separation		
2	The Use of Letters to Create Movement in Residential Settings with Adolescents and Their Parents.	13
	Jacob D. Christenson and Amber L. Runkel	
3	A Case Study of Narrative Family Therapy in an Outdoor Treatment Program with a Struggling Adolescent	29
	Steven M. DeMille and Marilyn J. Montgomery	
4	Understanding Video Game Mechanics as a Tool in Creating a Sustainable Relationship with Digital Media.	49
	Ryan Anderson	
5	Family Therapy Implications of Electronic Addictions in Residential Treatment.	71
	Ryan Anderson	
6	Our Stories of Collaboration Throughout the Therapeutic Wilderness Process	93
	Cynthia Cohen and Lian Zeitz	
7	A Parallel Process: Home Therapy While the Adolescent or Young Adult is in Residential Care	109
	Heather Hendrickson	
8	Intentional Separation of Families: Increasing Differentiation Through Wilderness Therapy.	125
	Kirsten L. Bolt and Tony Issenmann	

- 9 Walking off the Mountain: Planning Aftercare Support for Adolescents in Wilderness Therapy and Their Families** 143
Kirsten L. Bolt
- 10 Captaining the Ship: Acting as the Treatment Team Leader.** 163
John Hall, Barry Fell, Sam Coates, Nathan Sellers, Ryan Anderson,
Josh Thorn, Drew Davis and Scott Downs

Part II Onsite Family Therapy

- 11 Emerging Family Therapy Models Utilized in Residential Settings** 187
Ashley N. Merritts
- 12 Intervention: The First Step to Recovery from Addiction** 207
Jerry L. Law
- 13 Family Involvement in the Treatment of Adolescent Substance Abuse** 231
Whitney Clarahan and Jacob D. Christenson
- 14 Readiness for Change Within the Family and the Identified Patient** 245
Amber L. Runkel, Jacob D. Christenson, Amanda P. Glunz
and Katherine F. Cobb
- 15 Engaging Families in Outdoor Behavioral Healthcare** 263
Anita Tucker, Mark Widmer, Troy J. Faddis, Bryan Randolph
and Michael Gass
- 16 Unpacking the Family Story: Family Techniques in Residential Treatment** 285
Troy J. Faddis and Katherine F. Cobb
- 17 Family Workshops in Residential Treatment** 303
Ashlie Lester
- 18 Expediting Growth: A Call to Measure the Impact of Family Involvement During Wilderness Therapy** 319
Kendall Smith and Tony Issenmann
- 19 Connecting the Family: Short-Term Residential Treatment and Telemental Health** 333
Johanna Creswell Báez

Part III Research and Outcomes

- 20 Investigating Family Therapy with Qualitative, Quantitative, and Mixed Methods in Adolescent Residential Treatment Programs** 347
Jacob D. Christenson and Dumayi M. Gutierrez

21	Mixed Methods Research on Clinical Consultation Within the REStArT Model in Residential Treatment	365
	Catherine McConnell and Patricia Taglione	
22	Youth with Emotional and Behavioral Disorders: Coping and Psychological Difficulties	385
	Michèle Preyde, Jessica Furtado, Amy Tran and Victoria Currie	
23	Communication as a Positive Relationship Outcome with Families Participating in a Therapeutic Wilderness Program	407
	Christine Norton and Katie Liermann	
24	Program Evaluation for Health and Human Service Programs: How to Tell the Right Story Successfully.	425
	Michael Gass, Edward G. Foden and Anita Tucker	
25	Expanding Our Understanding of Family Therapy in Residential Treatment	443
	Ashley N. Merritts and Jacob D. Christenson	
	Index	451

Family Therapy with Adolescents in Residential
Treatment

Intervention and Research

Christenson, J.; Merritts, A.N. (Eds.)

2017, XVI, 467 p. 10 illus., Hardcover

ISBN: 978-3-319-51746-9