

# Preface

This book features practical, referenced information on the care of patients with resistant hypertension and chronic kidney disease. It covers some of the clinical aspects of renal care while also presenting important underlying pathophysiological principles. *Resistant Hypertension in Chronic Kidney Disease* provides a practical guide to diagnosis, understanding, and treatment of all adult patients.

For medical students, it can serve as an excellent resource for reference and review of resistant hypertension. Residents in internal medicine (and other specialties) and most especially, nephrology fellows in training, will appreciate the discussions of diagnostic and therapeutic approaches. General internists, family practitioners, hospitalists, nurses and nurse practitioners, physician assistants, and other allied health-care providers who work with patients with kidney diseases will find this as a very useful reference on management challenges posed by this condition. Moreover, patients and their family members who seek information about the nature of specific diseases and their diagnosis and treatment may also find this book to be a valuable resource.

Striking just the right balance between comprehensiveness and convenience, *Resistant Hypertension in Chronic Kidney Disease* emphasizes the important features of clinical diagnosis and patient management while providing a comprehensive discussion of pathophysiology and relevant basic and clinical science.

This book has been designed to meet the clinician's need for an immediate reference in the clinic as well as to serve as an accessible text for a thorough review of the current published guidelines.

We wish to thank our contributing authors for devoting their precious time and offering their wealth of knowledge in the process of completing this important book. These authors have contributed countless hours of work in regularly reading and reviewing the literature in this specialty, and we have all benefited from their clinical wisdom and commitment.

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