

Preface

There are compelling reasons to dedicate a book to the topic of thyroid nodules. First, although many books about thyroid disorders have been recently published, none deals specifically with thyroid nodules and nodular goiters. Second, thyroid nodules are very common in clinical practice, and we hope those who take care of these patients, endocrinologists, internists, general surgeons, ENT surgeons, pediatricians, primary care physicians, radiologists, nurses, and physician assistants, find it useful. Third, conventional approach to diagnosis and management of thyroid nodules has undergone considerable change during the past several decades, with an ever-increasing number of published reports (Fig. 1). Finally, to provide optimal care, it is essential to understand new developments and advancing technology in molecular genetics, novel cytologic classifications, US techniques, and evolving surgical approaches.

We are extremely fortunate to have contributions from an outstanding group of international experts who provide up-to-date recommendations for diagnostic evaluation and management of patients with nodular thyroid disease. Each author, the best in the field, was selected for her/his expertise and contributions to the topic

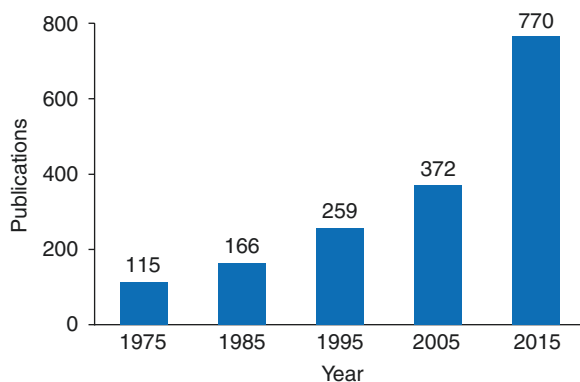


Fig. 1 Increasing thyroid nodule publications between 1975 and 2015 in PubMed

area. Chapter length and book size limitations notwithstanding, I believe the subject matter has been thoughtfully and thoroughly covered.

This book is intended for those who look for a state-of-the-art update on management issues important to the care of patients with thyroid nodules.

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