

Preface

Injuries to the foot and ankle are common and a wide variety of implants and techniques are available for their surgical treatment. This is based on fracture type and location, soft tissue status, implant availability as well as surgeon experience. With the spectrum of injuries ranging from intra-articular fractures to complex combinations of injuries, the treatment methods vary widely. Use of internal or external fixation is described using actual cases as treated by the authors.

The purpose of this book is to give the readers case examples of different foot and ankle fractures from the ankle to the metatarsals and their treatment options. This book is entirely case based and uses clinical case scenarios and attempts to put you in the surgeon's shoes. Each case illustrates different options for treatment with the author's thinking process; follow-up and outcomes of options used in the treatment are also reported. The goal is not to substitute knowledge learning from textbooks or journals but to provide clinical examples elucidating the translation of theory to practice.

The reader must be aware that not all of these treatment options may be applicable to all situations, but will hopefully make you aware of what is possible.

The creation of this book would have been impossible without the conceptual insight of Kristopher Spring (Editor, Clinical Medicine) and the logistical support of Kumar Athiappan (Development Editor), both at Springer. Much gratitude is owed to them for their professionalism and engagement that resulted in the timely execution of the book project.

New York, USA

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Fractures of the Foot and Ankle

A Clinical Casebook

Tejwani, N.C. (Ed.)

2018, XVI, 238 p. 151 illus., 46 illus. in color., Softcover

ISBN: 978-3-319-60455-8