
Preface

Trismus due to oral submucous fibrosis is a specific condition involving the mouth. This is common in geographical areas where chewing of betel nut and tobacco is prevalent. We encounter this condition frequently in our practice in Central India. As the number of treated patients started to grow in the late 1990s and the early 2000s, we realized that our approach towards the management of this disorder was in the right direction. We successfully applied some new methods such as platysma flap and mandibular mucoperiosteal flaps to treat this trismus.

As experience grew, we established these protocols in our management and consolidated the surgical treatment of trismus. Our failures have been our greatest teachers and the source of our inspiration. This atlas puts forth our methods and techniques in the management of trismus due to oral submucous fibrosis. It sums up our work of over more than two decades, which started with steroid injections and small release procedures, and went on to become comprehensive releases with regional myocutaneous flap reconstructions.

This atlas describes our surgical techniques and is meant to help those surgeons who encounter these disorders. Very often one finds oneself in a rather helpless situation, as there is a scarcity of literature and didactic advice. This atlas will help them in creating their own protocols of management. The authors have objectively analyzed their own successes and failures with different techniques and given a clear message at the end of this atlas. The initial six chapters give details of how we deal with this disorder; in the following section each page has clinical photographs, with brief description below. The reader may choose to read the atlas as a textbook or as a reference work.

We are grateful to all our patients who gave us an opportunity to help them overcome their problems and to those clinicians who have worked in this field before us.

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An Atlas

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