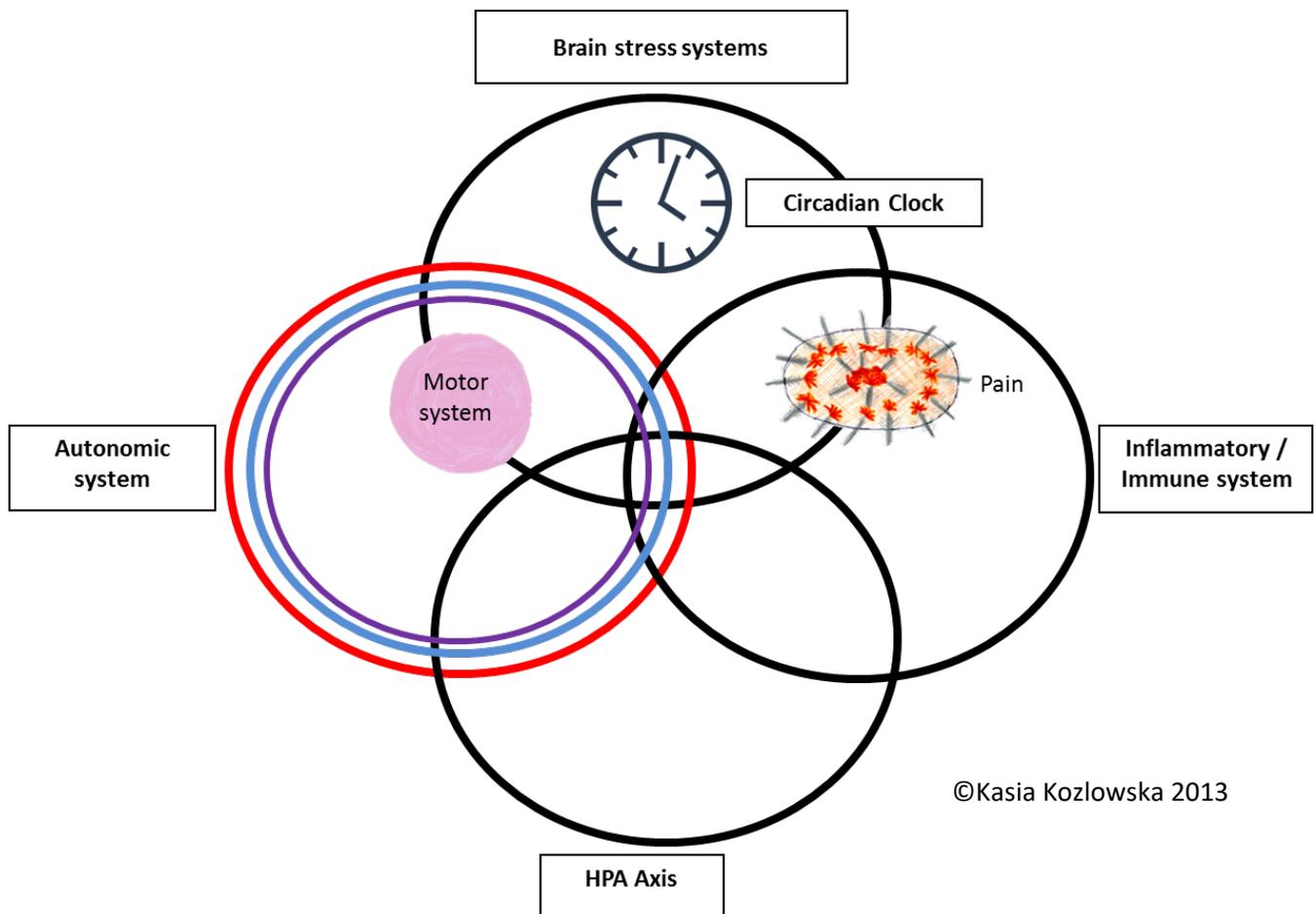


Online Supplement 4.4

Visual Metaphors (for Printing)

A. The Stress-System Model for Functional Somatic Symptoms: The Circles Metaphor



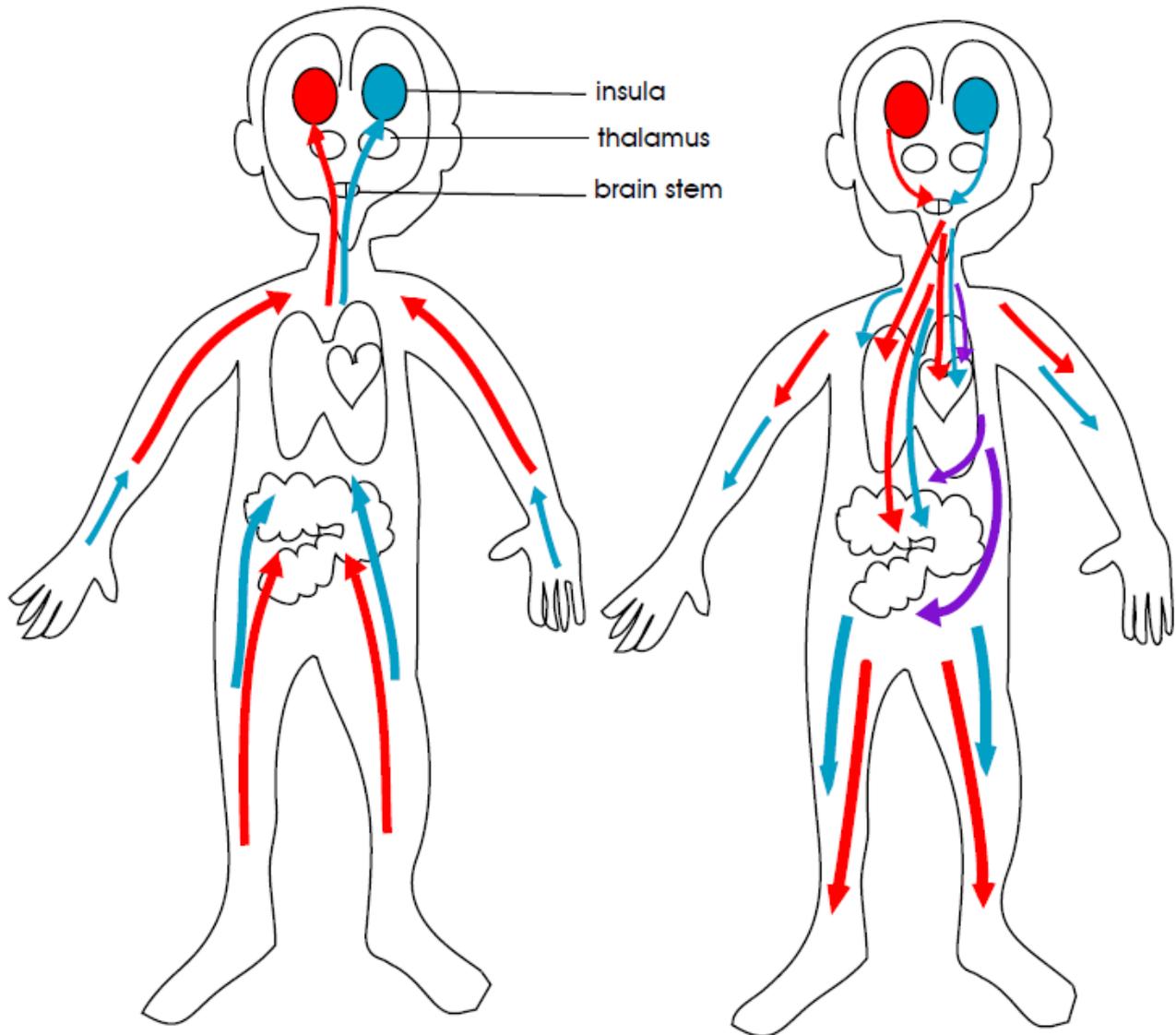
Key

Red – sympathetic system

Blue - restorative parasympathetic system

Purple – defensive parasympathetic

B. Functional Diagram of the Autonomic Nervous System



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Key

Red – sympathetic system

Blue - restorative parasympathetic system

Purple – defensive parasympathetic

C. The Stress-System Model for Functional Somatic Symptoms: The Castle-Fortress Metaphor

