

# **Value-Added eBook/PDA on CD-ROM**

## **EBook Manual**



Humana Press  
999 Riverview Dr.  
Suite 208  
Totowa, NJ 07512  
[Humanapress.com](http://Humanapress.com)

# System Requirements

## **Adobe® reader® 6.0**

### **Windows**

Intel® Pentium® Processor

Microsoft Windows 98 Second Edition, ME, NT® 4.0 w/service pack 6, 2000 w/ service pack 2, XP, XP Tablet PC Edition

32 MB RAM (64 MB recommended)

60 MB of available hard disk space

Internet Explorer 5.01, 5.5, 6.0, or 6.1

### **Macintosh**

PowerPC® G3 processor

Mac OS X v.10.2.2 or greater

32 MB of RAM with virtual memory on (64 MB recommended)

70 MB of available hard-disk space

## **Adobe® Reader® for Palm OS version 3.0**

### **Windows**

Intel® Pentium® Processor

Microsoft Windows 98 , ME, NT® 4.0, 2000 , or XP

16 MB RAM

20 MB of available hard disk space

Palm OS® 3.5, 4.0, 4.1, or 5.0; Palm Desktop 4.0 or 4.01

600 KB of free space on Palm OS device

### **Macintosh**

PowerPC® processor

Mac OS X v.10.2.2 or greater

16 MB RAM

20 MB of available hard-disk space

Palm OS® 3.5, 4.0, 4.1, or 5.0; Palm Desktop 4.0

600 KB of free space on Palm OS device

## **Acrobat® Reader® for Palm OS version 2.0**

### **Windows**

Intel® Pentium® Processor

Microsoft Windows 98 , ME, NT® 4.0, 2000 , or XP

16 MB RAM

20 MB of available hard disk space

Palm OS® 3.5, 4.0, 4.1, or 5.0; Palm Desktop 4.0 or 4.01

300 KB of free space on Palm OS device

**Macintosh**

PowerPC® processor

Mac OS 9.0, 9.0.4, 9.1, 9.2, or Mac OS X v. 10.1 or 10.1.2 (Classic mode)

16 MB RAM

20 MB of available hard-disk space

Palm OS® 3.5, 4.0, 4.1, or 5.0; Palm Desktop 2.6.3 or 4.0

300 KB of free space on Palm OS device

**Acrobat Reader for Palm OS version 1.1****Windows**

Intel® Pentium® Processor

Microsoft Windows 98 , ME, NT® 4.0, 2000 , or XP

16 MB RAM

20 MB of available hard disk space

Palm Desktop 3.0.1, 3.1, 4.0, 4.0.1

2 MB RAM on Palm OS® device (8MB recommended)

200 KB of available space on Palm OS® device

For updated system requirements, please visit the Adobe Systems Incorporated Systems Requirement webpage at:

<http://www.adobe.com/products/acrobat/acrrsystemreqs.html>

## **Value-Added eBook/PDA on CD-ROM**

This book is accompanied by a value-added CD-ROM that contains an eBook version of the volume you have just purchased. This eBook can be viewed on your computer, and you can synchronize it to your PDA for viewing on your handheld device. The eBook enables you to view this volume on only one computer and PDA. Once the eBook is installed on your computer, you cannot download, install, or e-mail it to another computer; it resides solely with the computer to which it is installed. The license provided is for only one computer. The eBook can only be read using Adobe® Reader® 6.0 software, which is available free from Adobe Systems Incorporated at [www.Adobe.com](http://www.Adobe.com). You may also view the eBook on your PDA using the Adobe® PDA Reader® software that is also available free from Adobe.com.

**You must follow a simple procedure when you install the eBook/PDA that will require you to connect to the Humana Press website in order to receive your license. Please read and follow the instructions below:**

1. Download and install Adobe® Reader® 6.0 software  
You can obtain a free copy of the Adobe® Reader® 6.0 software at [www.adobe.com](http://www.adobe.com)  
\*Note: If you already have the Adobe® Reader® 6.0 software installed, you do not need to reinstall it.
2. Launch Adobe® Reader® 6.0 software
3. Install eBook: Insert your eBook CD into your CD-ROM drive  
**PC:** Click on the “Start” button, then click on “Run”  
At the prompt, type “d:\ebookinstall.pdf” and click “OK”  
\*Note: If your CD-ROM drive letter is something other than d: change the above command accordingly.  
**MAC:** Double click on the “eBook CD” that you will see mounted on your desktop.  
Double click “ebookinstall.pdf”
4. Adobe® Reader® 6.0 software will open and you will receive the message “This document is protected by Adobe DRM”  
Click “OK”  
\*Note: If you have not already activated the Adobe® Reader® 6.0 software, you will be prompted to do so. Simply follow the directions to activate and continue installation.  
Your web browser will open and you will be taken to the Humana Press eBook registration page. Follow the instructions on that page to complete installation. You will need the serial number located on the sticker sealing the envelope containing the CD-ROM.

If you require assistance during the installation, or you would like more information regarding your eBook and PDA installation, please refer to the eBookManual.pdf located on your cd. If you need further assistance, contact Humana Press eBook Support by e-mail at [ebooksupport@humanapr.com](mailto:ebooksupport@humanapr.com) or by phone at 973-256-1699.

## Adobe® Reader® 6.0 Activation

1. Download and install Adobe® Reader® 6.0
2. Open Adobe® Reader® 6.0 by double clicking on the shortcut icon or by clicking the program icon from your Programs Menu (PC) or Application Folder (Mac).
3. Activate the reader
  - Click on "Tools" - "eBook Web Services" - "Adobe DRM Activator."
  - Your web browser will open and you will be prompted to Login using your Adobe® or .NET Passport® ID.
    - \*Note: If you don't have a Adobe® or .NET Passport® ID, you will need to create one. Once you create your account, repeat step 3.
  - Once you login, create your activation profile, and click the "Create Profile" button.
  - On the next page click the "Activate" button to complete activation.
  - Once completed. You will receive a message from Adobe® Reader® 6.0 that "Your Adobe Software has been activated."

## How to transfer an eBook to your PDA

\*At the time of preparing this CD-ROM, this eBook can only be used on PDA's running the Palm OS®. Please check the Adobe.com website to see if an Adobe Reader for PDA is available for other operating systems.

1. Connect your PDA to your computer.
2. If you have not already done so, download and install the free Adobe® Reader® software for your PDA device.
3. Open Adobe® Reader® 6.0 by double clicking on the shortcut icon or by clicking the program icon from your Programs Menu (PC) or Application Folder (Mac).
4. Click on the "eBooks" button and select "My Bookshelf."
5. Click once on the eBook you wish to transfer to your PDA.
6. Click the button that says "Send to Mobile Device."
7. Click the "Prepare" button. This process usually takes about 1 minute, but may take longer depending on the size of your eBook.
8. If you have already activated your Adobe® Reader® software for your PDA device proceed to step 11.
9. If you have not activated your Adobe® Reader® Software for your PDA device, you will receive the message "Your mobile device is not activated. Please click Yes to activate it." Click Yes.
  - Your web browser will open and you will be prompted to Login using your Adobe® or .NET Passport® ID.
    - \*Note: You will need to login using the same username and password you used when activating your Adobe® Reader® 6.0.
  - You will see the message "Please wait. Activation of Adobe Reader or Acrobat on your palm OS Device is starting now."

Once completed. You will receive a message from Adobe® Reader® 6.0 that  
“Your mobile device has been activated.”

10. Return to step 3.
11. Now that your eBook has been prepared for use on your PDA, Synchronize your PDA with your computer (HotSync) to transfer the eBook to your PDA.
12. On your PDA, open Adobe® Reader® for Palm OS®. You will see your eBook listed. Click once on the title to open and read your eBook.

## **Frequently Asked Questions**

### **General**

#### **What is an eBook?**

An eBook is an electronic edition of a physical book. Adobe's® eBook technology is based on Adobe® PDF which can be read on Windows and Macintosh computers, and PDAs.

#### **How is an eBook different from a PDF file?**

A Adobe® eBook is simply a PDF file that is copyright protected using Adobe® DRM® (see Digital Rights Management). eBooks may also have certain permissions set that control if the eBook can be printed or when it expires in the case of a loan.

#### **What do I need in order to read eBooks on my computer?**

In order to read PDF eBooks all you need is the free Adobe® Reader® 6.0 software (Windows, Mac and Palm OS®) and an internet connection.

#### **Do I need to be online to read eBooks?**

No, you do not need to be online to read eBooks. After the eBook is downloaded you can disconnect from the network and read it off-line.

#### **Can I read eBooks on PDAs?**

Yes, you can read PDF eBooks on a Palm OS® device using Adobe® Reader® for Palm OS® v3 or higher. You must first download the eBook to a PC or MacOS X computer using Adobe® Reader® 6.0 and then transfer to the PDA. If your PDA runs on a different OS, we suggest you check the Adobe.com website to see if new reader software is available that would be compatible with your OS.

## **Why should I read eBooks instead of paper books?**

eBooks have a number of advantages including immediate availability, an enhanced reading experience through highlighting, search and notes. eBooks can also be read out loud for you by the computer (if enabled by publisher).

## **How long does it take to download an eBook?**

Downloading time for an eBook depends on the file size and your connection speed to the Internet. For example a 300-page eBook without many graphics can be downloaded in approximately four to five minutes on a 56K connection.

## **Can I print my eBooks?**

Yes.

## **Can I copy eBooks?**

Yes, you can copy eBooks onto a PDA device that has been activated using the Adobe® DRM® Activator.

## **Are eBooks accessible to the visually impaired?**

If the publisher has enabled the Read out loud feature the eBook can be read by your computer. Click on view, and select the “Read out loud” option.

## **Adobe Reader 6.0 eBook support**

### **How do I read eBooks in Adobe® Reader® 6.0?**

eBooks are viewable just like other PDF files, however, there are some initial steps required to activate your software. Download a PDF eBook from a retailer, publisher, or library. When you first try to open a PDF eBook, you will be prompted to activate Adobe® Reader® 6.0. Once you have completed the activation process, you will be able to view your eBook with the Adobe® Reader®.



### **Is there an eBook view in Adobe® Reader® 6.0?**

Using Adobe® Reader® 6.0, you will have full viewing capability for your eBook just like any other PDF file. There is no unique eBook view in Adobe® Reader® 6.0. Try using the Full Screen view (Ctrl-L) which shows only your eBook with a black background. Also try the F8 and F9 keys, which suppress the Adobe® Reader's® menu bar and toolbar (at the top of the screen) but still leave useful navigation and view controls at the bottom and the Bookmarks tab on the left.

### **Where are eBooks stored on my computer?**

To access your eBooks in Adobe® Reader® 6.0, open "My Bookshelf" from the File menu. Click on the eBooks icon and select "My Bookshelf." The actual PDF files are stored in the following locations: Windows: My eBooks folder in the My Documents directory MacOS: eBooks folder within the Documents folder

### **Can I give or lend my eBooks to someone else?**

Adobe® Reader® 6.0 does not include the ability to give or lend an eBook. You can however email an eBook to someone else if the publisher has packaged the eBook for "Superdistribution" (see Superdistribution below).

### **What is Superdistribution?**

Superdistribution enables users to exchange PDF eBooks with other users while still protecting the copyright of the publisher. When one person gives an eBook with superdistribution to another user, the second user is taken to a web site where they can obtain permission to view the file. To use the superdistribution feature publishers simply include a URL in the eBook using the Adobe® Content® Server®.

### **Can I add other PDF files to the Bookshelf?**

Yes. Open the Bookshelf and click on the "Add File" button. You can then select any PDF file and add it to the Bookshelf.

## **How do I backup my eBooks?**

You can back up your eBooks using the Backup button in "My Bookshelf". This will copy your eBooks to another location such as a hard drive, file server or CD. You will not be able to view the eBooks from another PC or Macintosh unless it has also been activated under your account in the Adobe® DRM® Activator.

## **Can I view my eBooks on multiple machines?**

You can view an eBook on one PC or Macintosh and on one PDA device.

## **Activation**

### **What is Activation and why is it required?**

Activation is a process that enables your device, whether it's a computer or a PDA, to view digitally-protected content like eBooks. Technically, it downloads keys that are needed to open eBooks that you buy. A similar system was employed by the Adobe® Acrobat® eBook® Reader® and by most other digital media products. The activation system for Adobe® Reader® 6.0 will provide greater flexibility.

### **Why do I need a Microsoft Passport account?**

Microsoft Passport is a free account that Adobe® PDF eBook users can sign up for through Microsoft. It is one way to identify users as unique individuals online.

### **What is an Adobe® ID?**

An Adobe® ID is used by Adobe System's product store. It is another free method of identifying you as a unique individual online.

### **How many devices can I activate?**

For Adobe® PDF eBooks, you can activate one PC or Mac and one PDA for each user.

### **What kind of devices can I activate?**

You can activate Windows and Macintosh computers as well as PalmOS devices.

### **How do I de-activate a device?**

You cannot de-activate a device.

### **Can I read eBooks without activating?**

No. With Adobe® Reader® 6.0, you cannot read Adobe® PDF eBooks without activating your device. The activation process is a onetime process that only takes a few moments.

### **I receive an error when trying to activate Adobe® Reader® 6.0, what is the problem?**

When activating, you should have the latest version of Internet Explorer installed and set as the default browser on your computer. Clearing your browser cache may speed up the process.

### **Can I activate Adobe® Reader® 6.0 from behind a firewall?**

Yes. The Adobe® Reader® 6.0 activation process uses your proxy settings from Internet Explorer in order to retrieve the activation data. If you are having a problem activating, make sure that your proxy settings within Internet Explorer are correct. Your system administrator should be able to tell you whether this information is correct.

### **Adobe® DRM® What is DRM?**

DRM stands for Digital Rights Management. DRM is technology allows publisher to protect copyrighted material such as eBooks by defining the abilities or "rights." These rights determine what users can to do with the eBooks (like opening, copying, printing). This technology is intended to protect the works of authors by controlling the distribution of their content to authorized users. By using DRM publishers and authors are able to offer books electronically where they may not have done so without it.

## **What is Adobe® DRM®?**

Adobe® DRM® is Adobe's Digital Rights Management system, which is based on PDF and provides a flexible system for both publishers as well as users.

## **What is the Adobe® DRM® Activator?**

The Adobe® DRM® Activator is a website that allows you to activate your computer or PalmOS® device for viewing eBooks and protected documents. To access this site from Adobe® Reader®, go to the Advanced menu, select "eBook Web Services", then select the "Adobe DRM Activator".

## **How is Adobe® DRM® different from Acrobat Security?**

Adobe® DRM® differs from Acrobat® Security in that it requires the Adobe® Content Server to protect the PDF files. Acrobat Security is applied using Adobe® Acrobat® and does not require a server. Adobe® DRM® is particularly useful when one source is providing content to multiple users or if an expiration date is required. Acrobat® Security is stronger and is appropriate for secret or sensitive information.

## **MacOS support**

### **Can I read eBooks on MacOS 9?**

No. The new Adobe® Reader® 6.0 does not support MacOS 9.

### **Can I read eBooks on MacOS X?**

Yes, you can read eBooks on the new Adobe® Reader® 6.0 for MacOS X (requires MacOS 10.2.2 or later)

## **PDA support**

### **Does it take long to send eBooks to my Palm?**

Some eBook files may be large and can take time to prepare and transfer into your Palm device. Most books take less than one minute.

### **Why are some eBooks larger on my Palm than on my computer?**

When eBooks are prepared for transfer to the Palm they are "tagged" so that they reflow on the smaller screen. This process may increase file size in certain situations.

### **Can I beam eBooks to other Palms?**

No. You cannot beam Adobe® PDF eBooks from one Palm to another since the activation setting for an eBook is for one PC or Mac and one Palm device.

\*Adobe and Reader are either registered trademarks or trademarks of Adobe Systems Incorporated in the United States and/or other countries.