

1. Respiratory training exercises
2. Wearing of an abdominal binder
3. If a manual pump system is placed, it should be used 5–6 times per hour
4. Appropriate life-style

5. Daily weight check and handwriting test  
(s. pp 211, 311) (s. fig. 15.3)
6. Correct treatment in line with stages I and II
7. Polypragmatic, albeit mosaic-like, concomitant therapy for underlying ascitic disease
8. Laboratory check-ups at acceptable intervals  
(e.g. potassium, sodium, creatinine, haematocrit, thrombocytes, Quick's value, haemoglobin, AT III, cholinesterase, electrophoresis)
9. Physical check-ups
10. Ultrasonographic check-ups