

Alpha alcoholism

- Conflict- or relief-related drinking, no loss of control
- Certain degree of psychological dependence

Beta alcoholism

- Periodic and occasional drinking
- No psychological dependence

Gamma alcoholism

- Drinking in association with psychological dependence, including loss of control
- Later also signs of physical dependence

Delta alcoholism

- Habitual drinker (continued drinking: with abstinence of more than 24 hours being impossible), no loss of control
- Physical dependence

Epsilon alcoholism

- Episodic excessive heavy drinking with respective episodic loss of control (*“quarterly drinker”*)