

Acute intake of alcohol

Ethanol	↑	= immediately
Acetate	↑	= 1 – 6 hours
Methanol	↑	= 10 – 12 hours
5-HTOL	↑	= 20 – 30 hours
5-HIES	↓	= 20 – 30 hours
Ethylglucuronide	↑	= 1 – 80 hours

Blood sugar	↓
Triglycerides	↑
Potassium	↓
Magnesium	↓