

Table 9.1 Normal adult lumbar puncture results (Based on [4])

Test	Normal value
Appearance	Clear and colorless
Opening pressure in lateral recumbent position	180 mm H ₂ O (200–250 mm H ₂ O in obese patient)
White blood cells	0–5 mononuclear cells (lymphocytes and monocytes) 0 polymorphonuclear leukocytes
Glucose	65% of serum glucose <45 mg/dL is abnormal
Protein	≤50 mg/dL