

The Aging Face Analysis Checklist

- In the frontal view, the facial shape is: ☐ Triangular ☐ Rectangular ☐ Wide
☐ Narrow ☐ Long ☐ Short
- Does the face look old? ☐ No ☐ Yes, because ...
- Does the face look skeletonized? ☐ No ☐ Yes, because ...
- Define the facial supporting skeletal framework: ☐ Ideal for sex and age
☐ Altered, because ...
- Define the facial fat distribution: ☐ Ideal for sex and age ☐ Altered, because ...
- Define the facial skin redundancy: ☐ Absent ☐ Moderate ☐ Marked
- The hairline is: ☐ Normally positioned ☐ Too high ☐ Too low
- The forehead profile is: ☐ Flat ☐ Round ☐ Presence of inferior concavity (clear definite orbital bar)
- The supraorbital bar is: ☐ Normally shaped ☐ Protruding ☐ Recessive
- Forehead transverse lines: ☐ Just visible ☐ Moderate ☐ Marked
- Vertical Frown Lines (Glabellar Lines): ☐ Absent ☐ Moderate ☐ Marked
- Horizontal Frown Line (Nasal Radix Line): ☐ Absent ☐ Moderate
☐ Marked
- Temporal Depression: ☐ Absent ☐ Moderate ☐ Marked
- Does the orbital region look aged? ☐ No ☐ Yes, because ...
- Define the eyebrow vertical position (Eyebrow Ptosis?): ☐ Ideal for sex and age
☐ Altered, because ...
- Define the symmetry of the eyebrows: ☐ Present ☐ Absent due to ...
- Define the symmetry of the eye globes: ☐ Present ☐ Absent due to ...
- Define the symmetry of the eyelids: ☐ Present ☐ Absent due to ...
- Define the upper lid crease position: ☐ Ideal ☐ Too high ☐ Too low
- Define the upper lid margin position: ☐ Ideal ☐ Too high ☐ Too low
- Define the lower lid margin position: ☐ Ideal ☐ Too high ☐ Too low
- Define the lateral canthus position: ☐ Ideal ☐ Altered, because ...
- Upper Eyelid Dermatochalasis (Upper Eyelid Hooding): ☐ Absent
☐ Moderate
☐ Marked ☐ Limiting the supero-temporal visual field (pathological)
- Upper eyelid ptosis: ☐ Right, ... ☐ Left, ...
- Upper lid herniated orbital fat: ☐ No ☐ Right ☐ Left
- Prolapsed lacrimal gland: ☐ No ☐ Right ☐ Left
- Skeletal lower lid support: ☐ Poor ☐ Acceptable ☐ Ideal
- Define the malar eminence: ☐ Hypoplastic ☐ Balanced ☐ Pronounced
- Lower eyelid laxity: ☐ No ☐ Right ☐ Left
- Baggy Lower Eyelid: ☐ Absent ☐ Moderate ☐ Marked
- Lower lid herniated orbital fat: ☐ No ☐ Right ☐ Left
- Lateral Canthal Bowing: ☐ Absent ☐ Moderate ☐ Marked
- Scleral show: ☐ No ☐ Yes, Right ... mm. Left ... mm.

Hypertrophic Orbicularis Oculi Muscle (tarsal portion): ☐ Right, ... ☐ Left, ...

Crows' feet and Eyelid Wrinkles: ☐ Absent ☐ Moderate ☐ Marked

Tear Trough Deformity (Palpebrojugal Fold): ☐ Absent ☐ Moderate ☐ Marked

Palpebral Malar Fold: ☐ Absent ☐ Moderate ☐ Marked

Malar Bags (Festoons, Cheek Bags): ☐ No ☐ Right ☐ Left

Eyeglobe proptosis (exophthalmos): ☐ Right, ... ☐ Left, ...

Eyeglobe enophthalmos: ☐ Right, ... ☐ Left, ...

Does the nose look aged? ☐ No ☐ Yes, because ...

Does the nose look skeletonized? ☐ No ☐ Yes

Is there loss of tip projection? ☐ No ☐ Yes

Is there Columellar Ptosis? ☐ No ☐ Yes

Preauricular Lines: ☐ Absent ☐ Moderate ☐ Marked

Nasolabial Fold: ☐ Ideal for sex and age ☐ Increased ☐ Heavy

Does the mouth look aged? ☐ No ☐ Yes, because ...

Vertical length of the upper lip: ☐ Short ☐ Ideal for sex and age ☐ Slightly Augmented ☐ Augmented

Upper Lip Skin/vermillion ratio: ☐ Ideal for sex and age ☐ Increased

The upper lip profile is: ☐ Normally projected ☐ Too anterior ☐ Too posterior

The lower lip profile is: ☐ Normally projected ☐ Too anterior ☐ Too posterior

Upper Lips Lines: ☐ Absent ☐ Moderate ☐ Marked

Horizontal Upper Lips Line: ☐ Absent ☐ Moderate ☐ Marked

Lower Lips Lines: ☐ Absent ☐ Moderate ☐ Marked

Ptosis of the lips commissures: ☐ Absent ☐ Moderate ☐ Marked

Corner of the Mouth Lines: ☐ Absent ☐ Moderate ☐ Marked

Marionette Lines: ☐ Absent ☐ Moderate ☐ Marked

"Jowls": ☐ Absent ☐ Moderate ☐ Marked

Witch's Chin Deformity (Ptotic Chin): ☐ Absent ☐ Moderate ☐ Marked

Does the neck look aged? ☐ No ☐ Yes, because ...

Horizontal Neck Lines: ☐ Minimal ☐ Moderate ☐ Marked

Platysma Bands: ☐ Absent ☐ Moderate ☐ Marked

Ptotic Submandibular Gland: ☐ Absent ☐ Moderate ☐ Marked R L

Define the mandibular border definition from angle to chin: ☐ Ideal ☐ Poor

Define the throat length: ☐ Ideal ☐ Too short ☐ Too long

Define the throat incline: ☐ Ideal ☐ Excessively down oriented

Define the cervicomenal angle: ☐ Ideal ☐ Too acute ☐ Too obtuse

